# WARANGA NEWS

Waranga News acknowledges the Traditional Owners and Custodians of the lands and waterways of our distribution area. We recognise their living cultures and ongoing connection to Country and pay our respects to their Elders past, present and emerging.

**Published fortnightly since 1978** 

Serving Colbinabbin, Corop, Girgarre, Kyabram, Murchison, Nagambie, Rushworth, Stanhope, Tatura, & Toolleen RRP \$2.00 Print Post Approved PP1000007000

A community newspaper staffed by volunteers

Thursday 21 August 2025

# Winning footy gear unearthed after 60 years

Whatever happened to Ralph Barlow's old football gear? This vital question which (not many) people have asked was answered loudly and clearly at a great day of footy celebration at Rushworth.

It was a memorable reunion when a dozen players from 1965 were invited to recall winning two drought-breaking premierships in the Heathcote District Football League. A mere 60 years ago!

As guests of the club, the former players, now aged between 77 and 85, met over lunch, telling stories of the senior team victory over Mount Pleasant and the seconds win over Elmore at Heathcote, and the night of high excitement which followed back home at Rushworth in the Shire Hall.

Ralph Barlow's daughter Angela Carey accompanied her father to the reunion, and delighted his old team-mates by saying that his footy gear was never truly lost. Ralph, a nuggety little back-pocket in his playing days, had kept it all in a cupboard! Angela displayed his old footy boots, his tattered woollen jumper with his number 30 just visible and his badly-faded black footy shorts.

To the great amusement of all present, Angela then produced Ralph's jockstrap, once also called an "athletic support". More laughter arose when reunion compere Alan McLean told the gathering that he could see that the jockstrap was sized double extralarge!

The present Tiger players, who joined the celebration before their match against Girgarre, looked quite puzzled, few having seen a jockstrap, with ordinary jocks the favoured underwear for sport today.

Ralph, aged 21 in the senior team in 1965, went on to play a starring role in the 1969 premiership (as self-described "Norm Smith medallist"), before retiring in 1972 after over 100 senior games.

turn to page 35.



To read more about the 1965 team reunion Ralph Barlow, daughter Angela Carey, and Alan McLean with Ralph's footy gear. (Photo by Sharon Perry)

# **GVHealth** Waranga Health News August 2025

#### SAYING THANKS



Waranga Health staff recently marked Aged Care Employee Day with smiles, laughter and loud shirts. This annual day is a chance to recognise and thank our incredible aged care staff, whose compassion and dedication make such a difference in the lives of our residents every day.

#### **RECLAIMING OUR STEP CROWN**



Congratulations to the Waranga Health team for taking out the STEP Challenge against Parkvilla Aged Care in Tatura for the second year in a rowl A fantastic effort from everyone who got moving and made every step

# **OUT AND ABOUT**

Residents recently enjoyed a wonderful outing to Bendigo Marketplace, with a delicious lunch after some shopping.

Outings like this help bring joy, connection and variety to residents' weeks, and are always a highlight.

Thanks to all staff involved for helping to make



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# NOTICEBOARD

#### Community Walking Group

When: Every Thursday

Where: Meet at front of Waranga Health, 14 High

Street, Rushworth Time: 8am - 9am All abilities welcome

#### Rushworth AA Group

When: Every Thursday Where: Waranga Health Time: 7pm

Cost Free

Contact Jenny on 0430 103 145 for more information

#### Carer Support Group

When: Thursday, 4 September, 2025 Time: 2pm - 4pm Where: Rushworth Community House New members welcome Phone 5851 8026 for more information

#### Women's Health Clinic

When: Wednesday, 19 November, 2025 Where: Waranga Health Time: 2pm - 5pm Cost Free

Bookings: Phone 5851 8000

#### SAVE THE DATE

#### Strokesafe Presentation

When: Friday, 22 August, 2025 Where: Stanhope Men's Shed, 3 Tivey Grove, Stanhope

Time: 11am Cost Free All welcome

#### Women's Health Information Night

When: Wednesday, 3 September, 2025 Where: Rushworth Community House Time: 7pm

Guest Speakers: Dr Margreet Stegeman, Gynaecologist, & Rebecca East, Nurse Practitioner

Cost Free event, supper provided Please notify of any dietary requirements RSVP: 5856 1295

#### Look Good Feel Better Workshop - Facing Cancer with Confidence

When: Monday, 15 September, 2025 Where: Waranga Health Time: 10am - 12,30pm

Cost Free

Registrations essential, phone 1800 650 960

#### Skin Checks

When: Wednesday, 5 November, 2025 Where: GV Skin & Specialist Centre, Shepparton Time: 9.30am - 12.30pm Bookings essential, phone 5851 8000 Transport provided if required



You can keep up to date with what's happening at Waranga Health on Facebook. Like our page at facebook. com/warangahealth



# Still time to have your say on future of local pools

Campaspe Shire residents have until 22 August to share their views on Council's Aquatic and Wet Play Strategy.

With the deadline fast approaching, residents are urged to have their say on the draft document before public submissions close on Thursday, 22 August.

The strategy, which will guide the future of aquatic facilities across the Shire, has generated strong community interest, particularly in towns where local pools have faced possible changes or closure over recent years. The draft document outlines long-term options for maintaining, upgrading, consolidating, or re-purposing aquatic centres, in a bid to ensure financial sustainability and meet changing community needs.

Currently, Council operates seven aquatic facilities, including the indoor Echuca War Memorial Aquatic Centre and six outdoor pools located in Kyabram, Rushworth, Lockington, Tongala, Colbinabbin, and Stanhope.

The Rochester Outdoor Swimming Pool was decommissioned in 2022 due to flood damage and the facility reaching the end of its life expectancy. Planning for a new aquatic facility in Rochester is already underway with extensive community consultation completed.

Communities have been vocal in the past few years, emphasising how important local pools are to residents in promoting water safety, recreation and social connection. Many concerns have been voiced about potential pool closures and more investment in ageing infrastructure has been called for. Residents have highlighted the role pools play in rural towns, especially for children, older residents, and people without access to transport.

"We recognise the health and social



Save Our Pool campaign: The Colbinabbin community was very active in 2022 when the future of Campaspe's outdoor pools was under threat.

benefits of aquatic services for our community but there are significant challenges we face including rate capping, aging infrastructure, escalating operational costs, and the need for contemporary facilities that cater to everyone," Campaspe Shire Mayor, Cr Daniel Mackrell said

Residents can view the draft strategy and make submissions online through the Council's website, or by visiting their local customer service centre.

"This is your pool, your town, your voice," the Mayor added. "We want to hear from as many people as possible before August 22."

For more information or to make a submission, visit local Campaspe website:www.campaspe.vic.gov.au



Pool advocates have emphasised the importance of pools in smaller towns, especially where the alternative swimming destination for children has often been the local irrigation channels.



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# Council launches new SmartyGrants platform

Campaspe Shire Council has completed a comprehensive review of its Community Grants Program, with a goal to assess and meet the evolving needs of local residents and organisations.

A key outcome of this review is the launch of a new grants management platform, SmartyGrants, aimed at simplifying the application process, increasing transparency, and improving overall efficiency for both Council and the community.

Mayor Cr Daniel Mackrell welcomed the change, describing it as a major step forward in supporting community-driven initiatives.

"We're proud to be introducing a system that puts community needs front and centre," Cr Mackrell said.

"SmartyGrants provides clearer guidelines, better management tools, and a much more user-friendly experience, making it easier than ever to apply for funding."

SmartyGrants has been proposed as one of the world's leading cloud-based grants management systems. It streamlines each stage of the process—from applications and assessments to reporting and acquittals—offering best practice in grant administration.

# **Program changes**

The revamped Community Grants Program will now run on a quarterly basis,

with application rounds opening on the first of February, May, August, and November each year.

Under the new structure, the program will offer multiple streams, including:

Inclusive Communities Grants – Up to \$4,000 for projects, exhibitions, or performances that benefit the Campaspe community. (Formerly known as "Community Grants")

Equipment Grants – Up to \$2,000 for essential equipment for community and sporting groups.

Junior Development Grants – Supporting youth (up to 18 years old) selected for State or National representation in the arts, culture, or sports.

Community Event Grants – Up to \$1,000 for local events, and up to \$5,000 for regional events that promote and support the community.

The first round of applications under the new platform opens 1 August and can be accessed via Council's website:

www.campaspe.vic.gov.au/Grants

# **Writing Support Sessions Grant**

To assist the community in navigating these changes, Council is partnering with the Foundation for Rural and Regional Renewal to deliver grant writing workshops across the region. These sessions are free and open to all:

Echuca – St Mary's Parish Hall
Monday, 18 August, 6pm–8pm
Tuesday, 19 August, 10am–12 noon
Rochester – Council Service Centre and
Library Meeting Room
Tuesday, 19 August, 6pm–8pm
Kyabram – KCLC, 21-25 Lake Rd
Monday, 25 August, 6pm–8pm
Rushworth – Council Service Centre and
Library Meeting Room
Thursday, 28 August, 6pm–8pm

Individuals and groups are encouraged to attend the sessions. Shire officers will be available to assist with the new platform, and public computers will be accessible at Shire service centres for those needing support.

# Latest community grants awarded

Campaspe Shire Council has announced the successful recipients of its recent Community Grants funding. Grants awarded include:

- Red Knights Int. Motorcycle Club Aus.14 Inc: \$3,000 to support the Community Christmas Lunch in Rushworth.
- Rushworth Community House: \$3,146 to purchase white goods to be used for local events that encourage and promote community and social inclusion.

Rushworth Community Support: \$4,000 to facilitate a Mental Health First Aid Course for employees and volunteers.

- Corop Community Action Group: \$3,360.58 to install block out curtains in the Corop Hall.
- Kyabram Community and Learning Centre Inc: \$2,620 to assist with costs

associated with delivering the Kyabram Moonlight Markets.

- Kyabram Scout Group: \$1,000 to assist with the upgrade of their portable power equipment.
- Kyabram Yarn Bombers: \$1,000 to assist with purchasing supplies for the group to make Christmas decorations for the town.

Grants were also awarded to a number of organisations in Echuca and Lockington.

With community grants now open for four rounds per year, across four grant streams, round three is currently open until 26 August, and round four opens 1 November.

www.campaspe.vic.gov.au/Grants

# "Level Up Against Car Theft"

Crime Stoppers Victoria and Victoria Police are urging all Victorians to take an active role in protecting their vehicles, as part of a new statewide campaign targeting a sharp rise in car thefts driven by thieves using new sophisticated technologies.

The "Level Up Against Car Theft" campaign is a proactive public awareness initiative designed to combat the rising trend of vehicle theft across communities. It draws attention to the evolving methods thieves use, such as relay attacks and keyless entry hacking.

Launched in collaboration with law enforcement and community partners, the campaign seeks to educate the public about these modern vehicle theft techniques while promoting practical prevention strategies.

One of the primary goals of the campaign is to empower vehicle owners to take simple steps to secure their vehicles. This includes encouraging the use of steering wheel locks, key fob signal blockers, and vehicle immobilisers. The campaign also emphasizes the importance of not leaving key fobs near entry points in homes and ensuring doors are always locked — even during short stops.

With education, technology, and community engagement, the "Level Up Against Car Theft" campaign aims to provide a response to a growing issue by both raising awareness and encouraging active prevention.

If you see something suspicious you can report anonymously to Crime Stoppers at www.crimestoppersvic.com.au or 1800 333 000.



# More volunteers needed to keep the tradition alive at Easter

The Rushworth Easter Festival is one of the most anticipated events on the town's calendar. Each year it attracts visitors from all over the region and beyond and brings the community together to celebrate, connect and to showcase the town and all that it offers. However, the future of this much-loved event depends on the support and involvement of local residents.

At the recent Annual General Meeting held on August 12, a new committee was elected to lead the planning and coordination of the 2026 Easter Festival. The outgoing committee members were warmly thanked for their outstanding contributions in delivering a successful 2025 event, ensuring a fun and memorable day for all attendees.

The newly elected committee for 2026 includes:

- Mark Forbes President
- Mark Labbozzetta Vice President
- Peter Reade Market Coordinator
- General Committee Members
- Cherie Atherton, Steve Gregory, Tanyia Johnson, and Lyn Reade

While this is a strong starting team, more volunteers

are urgently needed to ensure the festival can continue next year. Organising an event of this size and significance takes time, teamwork, and community involvement. Without additional support, there is a real risk that the Easter Festival may run out of steam.

The committee meets once a month on the Tuesday prior to the town's monthly market. These meetings are a great opportunity for new members to get involved, share ideas, and contribute in ways big or small. Whether you have event experience or are simply passionate about keeping this tradition alive, your help will make a difference.

Rushworth locals are encouraged to consider what the festival means to the community and how they might play a part



The annual Easter Festival Parade is always a popular attraction - with lots of steam to energise the event!

in its success. If you want to see the Easter Festival continue in future years, now is the time to get involved.

For more information or to

express interest in volunteering, please contact:

- Peter Reade 0459 520 843
- Lyn Reade 0491 764 792

# **Domestic Animal Management Plan review**

The Domestic Animals Act 1994 requires all Councils to maintain a Domestic Animal Management Plan (DAMP).

This plan must set out the central issues, goals, and priorities for managing cats and dogs within the community. (Note, the DAMP applies exclusively to cats and dogs—no other pets or animals are included.)

The DAMP covers a range of responsible pet ownership topics, such as desexing and microchipping, controlling dogs in public areas, rules for on- and

off-leash dog zones, addressing nuisance behaviours in both dogs and cats, barking dogs, cat confinement, and the collection and disposal of animal waste.

The current Campaspe Shire DAMP plan, covering 2021–2025, is undergoing review, and Council is now working on the DAMP for 2026–2029.

The council is seeking feedback from all Campaspe

property owners and residents to understand what matters most to you regarding the management of domestic animals (cats and dogs) locally. You don't need to own a pet to participate!

Complete a survey and share your priorities and ideas for the new plan—should there be stronger enforcement, better awareness and promotion of current rules, more educational

initiatives on responsible pet ownership, or new measures such as a 24-hour cat containment order?

The feedback collected will help shape the 2026–2029 DAMP. **Please note, the survey closes on 22 August 2025.** 

A draft of the new DAMP will be released for public consultation in September 2025.

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# An Ode to Op-Shop #9

The shop is full of wondrous fun
The volunteers with hair in buns
Or sometimes hair in wild frizz
(Depending on their mood, that is)
And if you answer riddles clever
You may win a prize to weather
Any type of Rushy climate.
Have a go as you might like it!

Come gather round
To hear the tales of
Rushworth droves and golden trails.
Opportunity calls in groves to
Shop for secret treasure troves.

Seek number nine on lowest High Where women work and men sit by A threshold next to arches three Twixt kirk and druggist, step there thee. Within the walls and tapered rooms Are treasures, trinkets, silken looms Presided with a watchful eye For hunters just like you and I.

Nor if those walls are full of want Another secret vault awaits Halfway twixt the Rushworth shop And Mason's Lodge you'll find it waits, A vault of vast magnificence Where larger items offer interest

Come gather round
To hear the tales of
Rushworth droves and golden trails.
Opportunity calls in groves to
Shop for secret treasure troves.

Paul Read



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# Award for Ned's first aid skill and courage

St John Ambulance Victoria recently hosted the 2025 First Aid Champion Awards at Marvel Stadium, recognising nine extraordinary individuals for their outstanding acts of courage and first aid in real-life emergencies. Included in this year's line up of five winners was Colbinabbin's Ned Morgan who made the news last year when he put his first aid training into practice and saved the life of popular Shepparton actor, playwright and podiatrist John Head.

When nineteen year-old Ned, a worker with Rushworth firm Nine Mile Demolition, was setting up for a job in South Shepparton, a woman ran out of a nearby house, shouting that her husband was having a heart attack.

Inside, Morgan found John unconscious on the bathroom floor. The teenager, who had completed three first aid courses, immediately swung into action.

"Ned stepped up within a minute of me going down with a cardiac arrest and spent over seven minutes doing CPR to keep me alive until the ambulance arrived," said Mr Head. "He stepped up confidently because he had the knowledge of how to do CPR. The chances of surviving a cardiac arrest outside of a hospital are under 10%. I was lucky he was there and quick to help."

Despite his extensive training, Ned was reported at the time as saying "It was the first time I'd done it on a real person".

# **Award ceremony**

St John Ambulance Victoria hosted the awards ceremony on 12 August at Marvel Stadium, where the Governor of Victoria, Professor the Honourable Margaret Gardner AC, presented the First Aid Champion Awards to individuals who demonstrated exceptional courage, quick thinking and skill in using first aid during emergencies.

The awards ceremony, titled "Confidence to Act, Courage to Help," celebrated people who provided vital first aid, whether it was saving a neighbor, comforting a stranger, or responding to a crisis. Nine individuals were recognised overall, including the five winners and four honourable mentions.

The event also highlighted the importance of St John Ambulance Victoria's work in training the community in life-saving skills like CPR and first aid, and the impact of volunteer work within the organisation.

As Ned said, "You never think it'll happen — but it can, any time. Everyone should know what to do."

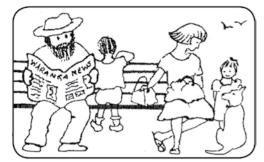




Colbinabbin's Ned Morgan (left) was awarded First Aid Champion Bravery award 2025 for his quick-thinking action when John Head (right) experienced a heart attack. The award was presented by Governor General Hon Margaret Gardner AC.



# Around our towns Around our towns Around our towns Around our towns Around our towns



# **Around Rushworth**

# New office-bearers for Rushworth and District Historical Society

Rushworth and District Historical Society AGM was held on Wednesday 6 August and the following people were elected to be the office bearers for the next twelve months.

President – Peter Reade
Vice President - John Kean
Secretary – Nick Buzza
Treasurer – Wendy Everest
Curator - Hester Macansh
Assistant Curator - Cheryl Pericic
Genealogy and Research - Tracey Bons
Steam & Traction Engine - John Kean
Historian – Alan McLean

Museum hours are every Saturday from 10 am to 12 noon and the first and last Sunday of the month from 11 am to 1 pm. The Museum can be open at other times for large groups or for genealogy research by appointment.

The Museum is staffed by volunteers and new members are most welcome to join. Visit the Museum any time it is open or contact any of the office bearers, details on the website www.rushworthit.com.au.

# Need help claiming power saving bonus?

Annabelle Cleeland, Nationals' Member for Euroa, has offered help for eligible locals to apply for the \$100 Power Saving Bonus when it opens on 25 August. The one-off \$100 payment is available to Victorian households holding an eligible concession card and aims to provide direct support with energy costs.

Applications can be made through the Victorian Energy Compare website.

Ms Cleeland said her office is ready to assist anyone having difficulty with the application process. You just need to take in a recent electricity bill and your concession card, and staff will guide you through the process. **Applications open August 25.** 



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# Coyle family catch up in Rushworth



With Ross Coyle in Rushworth for the big footy reunion, it seemed like a good time for a whole family catch-up in the old home town. Pictured above are Marj Morgan (nee Coyle) Norma Hamilton (nee Coyle) Peter Hamilton, Ross Coyle, Beryl Coyle with Leonie McKinnon (nee Coyle) at the back.

# 100 Days of Foundation at St Mary's Rushworth

Many schools celebrate 100 Days of School for Foundation students—as a fun and educational milestone. The tradition marks the 100th day of the school year and is often marked by students dressing up as 100 year-olds.







St Mary's Foundation students (l-r) Harley French, Violet Griffin and Noah Perry in their 'centenarian' roles to celebrate their first 100 days of learning.

# Family History Month continues at Rushworth Library - Thursday, 28 August

1:1 sessions with Victoria - drawing on the expertise and knowledge of library staff. Discover some tips and tricks to support your family research. *Appointments Essential*.

- 9.30am, 10.45am, 1pm, 2.15pm OR 3.30pm

# Rushworth Market

Village Green High st, Rushworth

Saturday 20 September 8.30am - 1pm

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# Around our towns Around our towns Around our towns Around our towns Around our towns

# First Nations history for Murchison students

All the students from Murchison Primary School recently visited Murchison Heritage Centre to learn about our local indigenous history - the Ngurai-illum Nation who lived in this area for many thousands of years.

The children asked great questions and added their own comments when we explored the lifestyle of the First Nation as they lived in harmony with their environment, using only natural items found in their surroundings.

We discussed their food sources, shelter and clothing, canoe transport, implements, weapons and tools. We had some items on show that the children were very interested in: a hand carved boomerang, a woomera (a spear throwing implement), a coolamon (wooden curved carrying tray), spear, grinding rocks and sharp rocks for cutting. A real specimen of a preserved fresh water crayfish caught in the Goulburn that would have been nourishing food for the Clan really intrigued the students. Some lovely samples of Aboriginal art and weaving were passed around the group as well.

After time together at the Heritage Centre, the students walked down to the site of the Protectorate.

We also discussed positive aspects of interactions locally between the new arrivals and the long-term residents. No violent episodes are recorded to have taken place in our district.

In 1840 the Goulburn River Protectorate Station was established at the site that later became the township of Murchison. The intention of the Protectorate System was to protect the Aboriginal inhabitants from the negative impacts of white settlers moving into the country they had occupied for thousands of years, particularly the brutal behaviours that had been occurring in Tasmania.

George Augustus Robinson appealed to influential people in Britain that there had to be a better way to manage the situation. As a result, the Protectorate System, with Robinson is charge, was put in place across Victoria ahead of wide spread European settlement. Stations were located near the present-day sites of Melbourne, Healesville, Daylesford and Murchison to provide for their needs. The Station at Murchison operated until 1853. The Aborigines Protection Board was then set up and caring locals continued to take an interest in their welfare.

In 1854 the area was surveyed, allotments selling quickly at an auction that same year and so the Village of Murchison was established.

We look forward to further sessions with the school as we learn more about the rich indigenous history that exists in the Murchison area.

Kay Ball, Murchison and District Historical Society Inc.



Benny especially liked the decorated rock.





(Left) Hugh checked out the boomerang.

# NEWS FROM THE **OP-SHOP AND FOODBANK**

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# Fickle weather heralds season change - and sale time coming up!

Oh goodness, I've nearly missed the cut off Poetic tributes date for submitting an article. I've been too busy curling up by a fire and reading good books so here I am late on Sunday evening tip-tapping away on my keyboard. The weather has been so changeable, like spring one day and bitterly cold the next - keeps us all on our toes I suppose.

Today we have a photo of Keeley and Charlotte from P-12 College who came down for a few hours to help in the Op Shop. They were given the job of putting together a couple of clothes hanger stands for us (it saves us from a lot of frustration and naughty words as we try to untangle dozens of clothes hangers). These stands arrived, flat-packed, in a cardboard box with requisite screws and bolts. The girls gamely attacked the task, sorting out bases and curved pieces of metal with matching holes and screws. They did a great job, so thank you very much girls.



Rushworth P-12's Keeley and Charlotte work on erecting the handy hanger stands.

Op shops are treasure troves where the past finds new purpose and forgotten stories are worn again.

Last fortnight I challenged you to have a go at completing a poem and we got three brave contributors. I was very impressed with them all, but I have to say Paul Read's poem went over and above in effort and observation. I had never realized that our window had three arches in it. The poem has some very good phrases and vocabulary so I hope you will all read it. Rebbeca Griffin and Karen Jones also had fun with the verses. They have all very kindly given me the poems for this week. If anyone else wants to have a go, please feel free.

# Muscle power needed

We have a request. Is there any one or two people out there that could help Hugh move some furniture around? It is not necessarily on a regular basis, but on call should he need assistance. So we need someone with big muscles and good balance so they don't squash themselves (or Hugh) with a wardrobe! Please contact the Op Shop.

There are only a couple of weeks left in August and then we will be in September and the beginning of spring. Next edition I will have details of a big End of Winter Sale when we will be hoping to reduce our stock of winter garments by giving YOU great bargains.

Sunday 7 September is Fathers' Day. Start thinking about it now and whether the Op Shop is able to help you find a gift. Especially with little ones, they love to come in and pick something nice for dad. Perhaps a mug, photo frame, belt, book or CD. If you go to The Little Green Shed you could find a nice picture, table or maybe some camping gear that he would like. And then Dad can look forward to a cup of coffee in bed, made with hot water from the tap, on his special day with a special little gift.

One special we still have is \$1 for 5 children's books. There are board books for babies, lots of picture books, some sets of books and books for older children as well. We are inundated with books, so please come and augment your children's library. We would be very grateful and you wouldn't get a better bargain anywhere else.

Enjoy the poems and until next time, may you have full bellies and a happy smile.

Heather

Thanks to the people who responded to my invitation to be op-shop poets! Here are some examples of the creative talent we unearthed:

# #9 Op-Shop

The shop is buzzing, The volunteers are clever And if you pop in, you might shop forever!

The shop is fun, The volunteers are fab. If you love a bargain, We've got the gift to grab.

The shop is fun. The volunteers are gold, If you're hunting for treasure, There's riches to behold.

Just like Rushworth's past There's treasure to be told!

Karen Jones

The shop is loads of fun, The volunteers eat bakery buns And if you are very clever You may enjoy it in any weather. So come grab a bargain at low cost We promise you won't get lost. It's number 9 and it looks pretty fine.

Rebecca Griffin

See Paul Read's poem on page 6



# Opening times

# **Rushworth Food Bank:**

Mon, Wed and Fri 10am-12pm

# #9 Op-Shop:

Mon, Wed and Fri - 9am - 2pm Sat 9am to 12pm

# Little Green Shed:

Mon and Fri 9.30am - 2pm Sat 9.30am to 12pm



# Colbo Tit Bits



# Strength and balance - practice makes perfect



good Maintaining balance becomes increasingly important as we age, helping to prevent falls, injuries, and maintaining independence. Balance exercises can improve stability, reduce the risk of falling, and positively impact overall health and wellbeing. Colbinabbin is lucky enough to have experienced trainer, Chris Trewin, to instruct a class each Monday afternoon at the Colbo Hall. Cost is \$10/session or \$76/school term. The session starts at 3.30pm and goes for almost an hour. Participants are encouraged to work within their own comfort zone and capabilities. It's been good to see more people take advantage of this opportunity in Colbo because like everything: if we don't use it, we

# Time capsule burying time Memories from the glory days



Getting ready to bury the Colbo time capsule again! Will Morrow, Tim Hill and Will Hayes with helpers, Elsie, Eddie and Ava. There's been a good response to putting more items in for 2025. We're relying on some of the younger generation to remember the date for next time: 27 July 2050.

# **Colbo Diary**

Coffee and Cake - 1st & 3rd Tuesdays 10.15am @CCH Colbo Community Shed - Thursdays BYO BBQ lunch Colbo Pub Choir - 5pm Tuesdays at CCH New Parents' Group - 1st & 3rd Thursdays 9am @ CCH Scrabble & Soup - 2nd & 4th Tuesdays 10.30am

### **AUGUST**

Qualifying final @ Gunbower Sat 23 Elimination final @ North Bendigo Sun 24 2nd semi-final @ Huntly (TBC) Sat 30 Sun 31 Semi final at Colbo (TBC)

**SEPTEMBER** 

Preliminary final @ Elmore Sat 6 Sat 13 Grand final @ Huntly



One of the great by-products of reunions is trawling through all the old photos that come to the surface. This one of Colbo's A Grade netball team that won six consecutive premierships back in the 80s, also drew a lot of attention for the people in the background - a sort of 'Where's Wally?' exercise. I reckon I can see Ramon, Ray, Jers, Stumpy, Nellie, Mick and Judy, Phil and Adrian, also Sophie and Kelly. The team: Kath Ivey, Janelle Burge, Taffy Avard, Cathy Ryan, Marg Wilson (coach), Anne McEvoy, Jac Avard and Sadie Morgan.

# Got some news for the News?

Send an email to wnews@iinet.net.au or ring Vicki on 5856 1311 or pop into the News office in Moora Road

# **Cemetery Trust**

Mowing Roster (lawn section only) August - volunteer needed September - Will Hayes

# **LIBRARY**

Wed 27 Aug Lynn Rathjen Wed 3 Sept Pam Nihill



# Go, Kellie!

Kellie McIntosh of Wanalta made front page news of the Riverine Herald when she was part of a team of community members, volunteers and athletes for the first Echuca Polar Plunge. Kellie was pictured helping Senior Constable Shane Roberts to carry an olympic torch, leading the group by the Murray River. You go, Kellie!

### FIRE BRIGADE ROSTER

August 24 Graeme Reid, Bill West August 31 Ramon Rathjen, Darryl Rathjen If unable to attend for duty, call Chris or Leo.

Siren, radio and test pager at 9am. Crew member should ensure the siren and radio tests are carried out. Vehicles should be checked for fuel and taken for a road test.





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Website:

www.rushcomhouse.org.au

Facebook:

Rushworth Community-House

Office Hours:

Mon, Tues Thurs: 9.00am to 3.00pm

Wed, Fri: 9.00am to 1.00pm



Your local access point for Medicare, Centrelink and other Australian Government services.

# **Emergency readiness**

Representatives from Campaspe Shire recently met with Community House Manager Anita Pirie and RCH President Cass Alexander to discuss progress in the Shire's *First 72* emergency preparedness initiative, which seeks to minimise the impact of future disasters and emergencies on regional residents.

The *First* 72 Hours program enables people to create an Emergency Plan for their business or household, then guides them through additional steps to prepare for the possibility of isolation or restricted movement during an emergency such as a bushfire or major flood.

The prize-winning Rushworth Community Fire Plan of 2010 (coordinated by the Shire and the Community House after the 2009 Black Saturday fires) was also discussed at the meeting, and suggested several additions to the Shire's new emergency document.

We will cover the *First 72* initiative in greater detail in the next Waranga News.



# **Community Garden to close soon?**

Rushworth Community Garden is facing imminent closure due to a critical shortage of volunteers. Current garden coordinator Johanne Winters is retiring after a decade of dedication to the garden, leaving no one to plan and oversee the host of tasks that must be undertaken for the Garden to continue operating.



Rushworth Community Garden was established more than two decades ago at a time when there were plenty of willing helpers to tend the many plants and features.

Many readers will remember Sandy Ashton and Viv Armstrong, who worked tirelessly to make the garden a green haven, producing fruit, vegetables and ornamental plants aplenty.

Over the years, experimental propagation and growing out techniques were tried in the garden, as were a wide range of plant species, both indigenous and introduced.

Recently, however, only Johanne and a single helper have tried to manage the garden, but it occupies a large land area that is impossible to control with such a small team. Weeds have proliferated after recent rains, and numerous beds remain unplanted. If the deterioration continues, the once-prized garden will become an eyesore, and a summer fire trap that could threaten surrounding properties..

It may also begin attracting the Victorian Government's Vacant Residential Land Tax of 3% of the land value, forcing the Community House to sell all or part of the land for strata title dwellings.

Unless the Community House receives future on-going community support for Rushworth's Community Garden, its committee of management will have no option but to close the garden permanently.

Watch this space for future developments.









(Top) The sign at the Community Garden entrance is losing relevance. (Above) Scattered leaves and mulch on the central walkway present a trip hazard and future summer fire risk. (Above left) Johanne Winters and son Craig Seamer in the garden in 2015. (Mid left) The garden's striking Mud Brick Shed now overlooks a forlorn mix of plantings and weeds.

(*Left*) Recent rains have triggered wide-spread, prolific weed growth.

# **Arts & Tourism**



# Studio Trail artists come together again

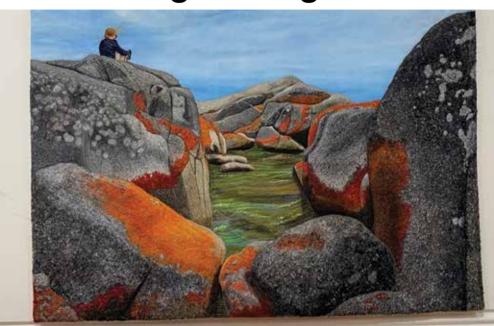
Saturday 16 August saw the opening of 'All Together Now' at the Kyabram Town Hall Gallery. This exhibition features 21 of the artists and makers who opened their studios during the Campaspe Artists Studio Trail held in February this year.

Over 50 people gathered at the town hall to celebrate and enjoy seeing our Campaspe creatives together in one space.

Campaspe Artists Studio Trail covered studios from Gunbower to Rushworth in the shire. Twenty seven artists opened their studios but as they couldn't visit other artist's studios at the time, they and others can now see it at the Kyabram Town Hall Gallery.

The event was attended by Campaspe Shire Mayor Daniel Mackrell, Deputy Mayor Jessica Mitchell and Councillors John Zobec, Adrian Weston and Luke Sharrock.

Several works were sold, but there's plenty more to see. The exhibition continues until 11 October.



The Bay of Fires in textiles by Sonya Else



Mayor Daniel Mackrell gives the opening address.



Works by Dey Alexander, Ellen Lee, Jenni Croft and Angie Russi.





# Meals on wheels Nic's quickest snack for those who can't wait till tea time

Our youngest daughter arrived in a rush having pre-warned us that she'd cook us a light meal when she got here. I must say I was pretty darned hungry when she arrived and thought I'd fade away before she could have anything ready to eat.

However, she produced this Morrocanstyle taste treat in no time at all.

#### **INGREDIENTS**

1 onion finally diced 1 clove garlic finely diced 500g of lamb mince 1 tablespoon of cumin seeds 1/, teaspoon of cayenne pepper

1 teaspoon of coriander powder (or other Moroccan seasoning mix)

Salt and pepper to taste

#### To serve

Hummus Pomegranate arils\* Pomegranate molasses Toasted pine nuts
Freshly chopped mint
Turkish bread rolls (or a French stick)
lightly toasted.

#### **PREPARATION**

Fry onion and garlic together with cumin seeds, add mince and spices and toss until cooked. This will only take a few minutes as the mince cooks quickly,

To serve spread a thick layer of hummus on the base of a serving dish, add the warm mince mixture to the top, sprinkle with pomegranate arils and, ideally, pomegranate molasses drizzled over the top. Sprinkle with toasted pine nuts and freshly chopped mint to complete a tasty dip to spread on toasted pieces of bread. It really IS delicious.

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\* Pomegranate arils (the bright red delicious seeds) are available in supermarkets in small punnets - if not in the fresh fruit section, then you'll find them frozen in the freezer department.

Nic



# Spring is in the air - and the daffodils are flowering

It's a bit exciting for gardeners when spring begins to stir. You can feel it before you see it—mornings are lighter, there are more sunny days when the air no longer feels as though it's been transported from the snowfields and the breeze is softer – and 'springier'. After a few months of grey and chill, the world seems to be taking a big deep breath, getting ready to be cheerful again.

One of the first signs of cheeriness is when the quiet winter garden suddenly becomes alive with the first of the spring bulbs. Snowdrops are often the first brave souls to appear as they don't appear to be the least bit phased by the frozen ground. Then come the crocuses - the little snow crocuses first (also don't mind the cold - I guess the name is a give-away) and later the larger flowering and more colourful giant crocus. Next come the really cheerful and bright jonquils and daffodils - which are usually around just now in the last weeks of winter. (Although there are always the rule- breakers - I even had a couple of confused jonquils flower in our unseasonably warm late autumn!) The best part about spring bulbs is that they don't strut their colours all at the same time. When the season finally gets underway there is still plenty of colour coming up - tulips, hyacinths, dutch irises, freesias - the list is endless.

How to experience this colourful seasonal treat? Growing bulbs is pretty simple, but proper care and timing will ensure the best healthy and prolific display. Most spring bulbs are planted in autumn (March to May), depending on your climate zone. Our chilly nights in northern Victoria offer premium soil conditions for spring-flowering bulbs. They should be in a sunny locations with well-drained soil – they

dislike soggy ground, which can lead to rot. Drainage can be improved by mixing compost or sand into the soil. Plant bulbs at the correct depth — usually two to three times their height — and space them according to the type. Pointy ends should face up.



After flowering, allow the foliage to die back naturally – that's the one downside! They can certainly be a bit untidy, especially as they get past their prime and flop all over the other plants. But the leaves feed the bulb and prepare it for the next season so they shouldn't be cut off prematurely. Once yellow and limp, they can be removed.

Many bulbs (especially jonquils and daffodils) can remain in the ground year-round. Alternatively, dig them up and store in a cool, dry place after the foliage dies down. With the right care, most spring bulbs will reward you with cheerful blooms and return for years to come.

... When all at once I saw a crowd, A host, of golden daffodils.



# Handy Hints - from Lyn Rumble

Repurposing or re-using everyday items - or quick and easy solutions to general household issues that maybe had not even occurred to you - is what I like to do.

Everyday household items can be used for so much more than just what they are initially intended – have a go at some of these ideas I've found for you!

# \* Bit chilly to wash your dog in winter?

- It is not too pleasant to try this outside in the chilly days we are experiencing now but if your dog really does smell a bit you could try dry shampooing your pet. If you vigorously rub a handful or two of baby powder through your dog's coat and then give a good brushing, not only will your pet enjoy the play but will end up smelling really nice in the end.
- \*Baby-Wipes are so useful I have several packets of them in the cupboard. Here's a couple of uses Clean your keyboard on your computer Just turn off PC first, then tip the keyboard upside down to expel any loose bits, then give a good wipe with some antibacterial wipes. Another is as a quick shoe cleaner cloth and does a pretty neat job polishing leather shoes too! I also keep a packet of wipes in my car centre console, for that spilled coffee overflow, or ice-cream spill when I have stopped somewhere for a coffee break!

# \* Do you have coffee filters in the house?

- they are extremely useful for all kinds of things like sieving used deep frying cooking oil of any food impurities, or covering food in the microwave to stop the cooking food splattering, or if you love Tacos or Hot Dogs, they make great holders of them both without the contents or sauces dripping down your hands or in your lap!
- \* Dishwashing gloves If you have long or jagged nails if you push a cotton ball into the fingers of your rubber gloves, the soft barrier will protect your glove's life and protect your fingernails from the soapy water!
- \* Hair conditioner has many uses besides putting on your hair in the shower! You could use it on your hand when one of your rings is stuck on your finger ring will slide right off. How about smoothing a bit of conditioner on your legs just after shaving? That will stop shave burn. If your shower curtain or zipper doesn't glide smoothly, just wipe down the rungs or rod with a bit of hair conditioner and should fix the problem.

# Health and Wellbeing

# Learning CPR skills at Rushworth Football Netball Club

Ambulance Victoria attended Rushworth Football Netball Club (RFNC) on Wednesday 13 August to deliver a Call Push Shock session for players and supporters.

More than 35 people listened in on the session with both senior and junior players practising their CPR skills and learning how to use the defibrillator.

Many thanks to Ambulance Victoria for coming along to help our community learn how to save lives.

#### Remember:

Cardiac arrest can happen to anyone, anytime and anywhere.

Anyone can save a life with three simple steps:

- 1. Call triple zero (000)
- 2. Push hard and fast on the chest
- 3. Shock using an AED.



# Look Good Feel Better

Look Good Feel Better is a national cancer-support program. It offers free in-person and online workshops and Confidence Kits to help people with any type of cancer manage the most common physical and psychological impacts of treatment.

In providing practical tips and tools, the workshop helps to connect a community of people living a share experienced, empowering them to regain control, confidence and a sense of self.

Waranga Health is pleased to be able to provide this free workshop to the community.

In just over two hours you will be offered skincare, make-up and headwear tips and tricks to help you face your cancer with confidence.

Look Good Feel Better workshop is FREE to attend, but registrations are essential.

Scan the QR code (right), call 1800 650 960 or visit lgfb.org.au to register for this upcoming workshop:

Waranga Health Rushworth 10am-12.30pm 15th September 2025





Good Feel Better

Look





Peace ~ Hexibility ~ Strength

For class times & information contact Sue Barlow 0438 523 415 sue@mudhutyoga.com.au

www.mudhutyoga.com.au



# Women's Health Information Night

Waranga Community Health and Rushworth Community House invite you to join us for our information evening discussing menopause and proactive care as you age.

#### Guest speakers:

Dr. Margreet Stegeman: Gynaecologist Shepparton Women's Health Centre Ms. Rebecca East: Nurse Practitioner, The Holistic Care Collective

When: Wednesday 3<sup>rd</sup> September, 7pm Where: Rushworth Community House 67 High Street, Rushworth

Free event - Supper provided

RSVP and any dietary requirements to: 5856 1295 by Monday 1st September.



# All about wildlife

Kirsty Ramadan from BoHollow Wildlife is a wildlife rescue expert. Here she shares some of her knowledge about our very familiar wildlife neighbours.

# Most underrated native creature in a vote

The rakali, or water rat as I always knew it during my childhood, has just won Australia's Most Underrated Native Creature in a vote ABC put to the public.

I actually voted for the short-finned eel, as I couldn't help backing a true underdog because I was sure the rakali would win hands down

The rakali has always been a favourite critter to me. I have fond memories of the resident channel dwellers crossing over the dirt road in front of me as I pedalled to the bus stop on foggy winter mornings. Back then, their numbers were quite plentiful and Loch Garry was full of them and every channel seemed to have resident rakali. Only just recently, since the 2022 flood, I've been encouraged by their return and increase in numbers.

#### What exactly is a rakali?

The rakali is an aquatic rodent which occupies Papua New Guinea, Australia and some offshore islands. They are highly specialised for foraging in the water with their partially webbed hind feet and thick waterproof fur. Their head shape is a lot flatter than an introduced rodent and they can get quite large. Their colour can vary from grey, brown to a beautiful rufous colour or orange. A telltale feature is their long, thick tail which has a white tip, similar to the white tip which ring-tailed possums possess.

They can be found in every state and territory in inland creeks, rivers, wetlands, channels and dams but are also comfortable in coastal estuaries, waterways and sheltered bays along our coastline.

Rakali's diet consists of fish, yabbies,

shrimp and pretty much anything that they're able to catch in their watery environment. They will take ducklings and other bird chicks from the water and I observed one drag a complete deceased swan, that was illegally shot on Loch Garry by duck shooters, out into the centre of the wetland and proceed to feed on it, so scavenging is not beyond them either. Although their numbers in some waterways can be in higher density than others, they are predominantly solitary and can fight amongst each other.

They can swim up to 200m to a kilometre each night in their foraging activities.

At first glance, you may be mistaken by thinking you've found a platypus when you see them swimming on the surface, with their head and part of their body sitting low on the top of the water with intermittent duck diving. I've also observed them doing cute jumping dives over and over again, almost as though they are playing.

Rakali are predominantly nocturnal but also forage in daylight, particularly on cold, winter days. Although they are built for spending long periods in the water, temperature dictates how long they can spend foraging before they need to dry out and take a break as they are very sensitive to getting too cold or too hot below 15 degrees and above 35 degrees Celsius. So if you are searching to find one to observe, it depends on weather and time of year to when they'll be out and about. Dawn and dusk are usually good times almost all year round.

Rakali will have dens in vegetated banks, hollow logs, particularly ones that are partially submerged and even in dense rushes or vegetation. In areas where natural den sites are no longer available due to habitat loss, they have been found to use artificial things like storm water pipes, etc as a poor substitute.

Originally in Australia they were considered a nuisance species, blamed for destroying fishing nets and irrigation channel banks. Like many Australian natives, humans have been their biggest predator. Populations were decimated by them being hunted for their fur and being destroyed as they were considered a pest. They had to be protected by 1938 due to populations becoming alarmingly scarce. Their numbers built up again but permits were still available to warrant their destruction up until 1957 and Rakali hunting seasons occurred from 1957 to 1967 to mitigate the alleged damage to nets and banks.

Another interesting fact about the rakali is they have learnt to eat cane toads, targeting the toad's liver and heart as a delicacy. They flip them over and avoid the toxic glands. They are one of the few native predators of this invasive toad as most animals who kill and eat them die from the poisonous glands.

In 1995 the Australian Nature Conservation Agency suggested the common name of the Water Rat be changed to Rakali in a bid to make them more appealing in the public eye to help set them apart from the introduced pest species of rats. This name was successfully adopted by most, although both names are still commonly used and accepted.

I love our rakali and when I can, I sit quietly on the banks of Loch Garry, waiting for one of our residents to appear, delighting in observing their behaviour. I missed them when their numbers had declined so much that it had become uncommon to see one. Since the 2022 flood, I've been encouraged by their return and increase in numbers.



# ON THE BRINK by Meil Laurie

Looking at endangered or extinct flora and fauna.

# More mice and rats

In the last Brink we looked at two native species that are easily mistaken for the house mouse and the black rat (both introduced). In this edition we continue looking at more rat and mouse look-alikes.

Alpine and sub-alpine huts attract bushwalkers; they are always sited near water and have a toilet. Those 'in the know' avoid camping in the huts, preferring to stay nearby in tents; the reason being that most mountain huts have a few resident rats. These rats are not the introduced black rat. They are another rodent of the rat family, the Australian bush rat (Rattus fuscipes). While black rats can make quite a mess, bush rats are cleaner. The easiest way to tell the difference between the two species is that the black rat's tail is longer than its body while the bush rat's tail is the same length or shorter than its body. The bush rat has a rounded nose, rather than a pointed nose. The bush rats in the huts are quite brazen in their attempts to steal bushwalkers' food and seem to spend the whole night scurrying around noisily.

Another native rat is the rakali, or water-rat (Hydromys chrysogaster). These are a semi-aquatic species and around Rushworth can be found in irrigation channels. While black rats are good swimmers they do not swim underwater like the rakali can. The rakali is larger and stays near water. It has been known to prey on the black rat. They are very adaptable and are found in a wide range of habitats. As a child I would

watch them in the Waranga Western Channel near my home. I also had some precious minutes watching a rakali in the crystal-clear waters of Three Mile Dam near Cabramurra, the highest town in Australia. In our channels rakali will eat small fish, yabbies and mussels. They take the mussels to the channel bank and, holding them in their front paws, smash the mussels onto the beaching to open them. They have a favourite rock and will leave a small 'midden' of broken shells and yabby claws.

Another group of Australian native rodents are the hopping mice, found in arid country. A walk around the clumps of porcupine grass (spinifex) on the sand hills in Wyperfeld NP in northwestern Victoria will quickly reveal their distinctive tracks. They live in burrows dug in the sand using the porcupine grass (spinifex) for protection. They are nocturnal. By using a strong torch or a spotlight you may catch a fleeting glimpse of one. They look quite different to house mice. The various species' hind legs are like a kangaroo's and their tails are very long and tipped with a brush, enabling them to hop rather than run.

There are a surprising number of rat-like native rodents and marsupials. All have been impacted by the introduction of foxes and cats and if they are near human habitation, lethal rodent baits. Some, such as the rakali are doing well, others are struggling. Should you come across a rat or mouse in a wilderness area do not try to kill it. It is more likely to be one of our native species.



# Birds of a Feather

# Red wattlebird

The red wattlebird is one of the most often seen and heard birds around Rushworth and the local bush. Its call is easily identified by its raucous call or squawk, a very noisy large cackle made by the male. The female call is more like a sequence of five rapid whistling sounds which are also quite loud. Both sexes make very harsh loud calls when defending territory or pushing away other birds. We get so used to the call that we seldom take much notice of the bird itself as it is so common and not very colorful, however, it is interesting because it has wattles.

Wattles are fleshy caruncles, enlarged structures of bare skin most often associated with domestic fowls as roosters have very large caruncles. They also are found on some native bird species such as the masked lapwing (locally called the spur-winged plover). The red wattlebird has two pinkish/red wattles hanging just below the ear coverts (feathers near the ear) which occur on both the male and female. Although the species is not very colourful it does have pink legs, a red eye and a yellow belly. Males and females look similar.

The red wattlebird is a very large honeyeater, the second largest honeyeater in Australia and only the yellow wattlebird found in Tasmania is larger. Like other honeyeaters it has a tongue which is tailored to feed on nectar from native flowers such as grevilleas, eucalypts, eremophilas, but being a large honeyeater it cannot feed on smaller flowers. Its tongue has a brush-like structure which can soak up the nectar with a capillary action. Many Australian plants rely or benefit from birds for pollination and honeyeaters are one of the most important group to help these plants set seed.

Although the red wattlebird is a honeyeater and most of its diet is nectar, like other honeyeaters it hawks insects by catching them on the wing. It is seldom on the ground and most often seen in trees chasing away other birds. It is very aggressive, not only to other small honeyeaters but will also chase away birds larger than itself such as currawongs, magpies and ravens. In a flowering gum tree it seems to spend such a lot of energy chasing away other nectar feeders such as lorikeets and small honeyeaters that it does not seem to have time to feed itself!

The red wattlebirds nest in the spring by building a nest in the fork of the tree – often in the centre of a large shrub well above the ground. Breeding is by a solitary pair with most of the brooding done by the female. Feeding is by

parents with the young given a diet of insects and manna crystallized plant sap. Enjoy hearing the harsh calls of the red wattlebirds and watching their aggressive chasing after other birds? It is a sign that we live in a vibrant lively neighborhood! The Rushy Birder



# Fifty years ago in our district....

Looking through the pages of past 'Rushworth Chronicles' .....compiled by former district resident Alan McLean



# Pirates on Waranga Basin in August 1975!

A boat belonging to licenced professional fisherman Mr Irvine Lloyd was removed from its mooring in the Basin on two occasions, Mr Sam Cleary retrieving it first from Sapling Point, Mr Lloyd finding it under a bridge the second time. Rushworth police were on the case (which might still be on-going).

Postmaster Bruce Carrotte and Australia Post fought a legal battle concerning payment of rent on Australia Post premises. Magistrate Curtain ruled that the Australian Government "can charge up to 10% of an employee's wage for rent of a dwelling occupied by an employee". Mr Carrotte claimed that he had to give permission or approval for any rise in the rental charge.

# Shire of Waranga

North Eastern Riding vacancy on Shire Council attracted not one candidate. Cr. Len Armstrong voiced disapproval that some outspoken residents were "not prepared to put words into action".

#### **Schools**

All classes were busy at Rushworth Primary, preparing for school sports. The bigger kids were throwing a "shot put made by Furphys in Shepparton". Katrina and Robert from grades 2 and 3 reported studying New Zealand for Social Studies.

At Stanhope, netball and football were contested involving the schools from Merrigum, Girgarre, Rushworth and St Mary's.

Not so much a school as university. The Chronicle reported that "former Rushworth High School student Alan McLean studying at Melbourne University has turned up interesting information about early hotels and licencees in the district". The report referred to Luke Mullany (Criterion), Henry Wootton (Cricketers Inn), W. Johnson (Football Club Hotel, Rushworth), Maria Darby (Rushworth Hotel), Geo Brice (Royal Mail Hotel, Rushworth), Jno H. Roberts (Roberts' Store Hotel, Rushworth), Ellen Geyle (Telegraph Hotel. Rushworth), Jeremiah (Imperial Hotel Rushworth), Joseph Keogh (Foresters' Arms at Waranga), William Walsh (Travellers' Rest Hotel, Waranga), Chas Baud (Balaclava Hotel, Whroo), Niels Nielson (Whroo Inn), Bright Singleton (National Hotel, Moora), John Froome Jnr. (Waranga Hotel on Moora Road), John McInnes (Wanalta Hotel), and A. M. Bockholt (Colbinabbin Hotel).

Strange the things you forget. Until reading the 1975 Chronicles to prepare this page, I had forgotten finding these details at

Uni, much less passing them to Chronicle editor Peter Davidson. (Thirsty locals and travellers back in the 1880s and 1890s!)

# Community

Tony Ford, Chairman of the Waranga Interim Committee for Social Development, submitted a letter addressing rumours and controversy around a youth coffee shop in Rushworth, denying claims that it was a sly grog shop, and noting that the premises were always under adult supervision.

Rushworth and Stanhope Lions Clubs had members tidying up and planting trees at Green's Lake Reserve near Corop, after bad flood damage. Photographed were Brian Wallace, Chief Perry, Craig Robbins, Stewart Nurse and Doug Poulson, assisted by local cubs Darren Nurse and Jamie Poulson.

Rushworth Football Club Ladies Auxiliary raised \$600 with a big dinner dance in the Shire Hall, decorated by Chris Wootton and Mary Beck. Judy Lambden (Mrs Ogden now) was credited with most of the ticket sales. Mesdames Win Hageman, Leila Cruz and Hazel Risstrom were mentioned by secretary Mrs Harrop.

Young Farmers decorated Colbo hall with old posters and black and white streamers for what was called a "Back To" Ball. Judges Ken and Mrs Ingram of Elmore and John and Mrs Gunston of Goornong selected Yvonne Hill (now Tuohey) as Belle of the Ball, Ann Marie Bradley the Princess. Club members visited Fortuna Mapping of Bendigo for a demonstration of computer mapping.

# **People**

Mrs Laurenia Wootton, mother of Doug, Phyllis (Mrs Spence) and Gordon, died, aged 95. Andrew Charles Anderson, always known as Charlie, of Rushworth, and father of Ian, also passed away.

Karren Clover of Stanhope and Geoff Cruz of Rushworth, high school sweethearts, announced their engagement.

Julie Jones and Trevor Mason of Rushworth were married. (Golden wedding celebrations coming up in Mooroopna.)

Jack and Betty Thompson (nee Anderson) celebrated their 25th wedding anniversary with children Kathy, Barry and Neville.

# **Football**

Mount Pleasant knocked Heathcote out of the finals race in the first semi-final, winning 16-10 to 14-8. Colbo Seconds kicked a massive 20-16 to thrash Heathcote 3-5. Veteran Gerry Brown led the way with five goals, Martin Tuohey named best with G. Maddern (four goals), Les McMurtrie, Mick McArdle, Trevor Johnson and John Brown.

In the second semi-final at Heathcote,

Rushworth went down to Colbo, 18-23 to 13-13. Stars Egan and Slimmons did not play for Colbo but McCubbery returned with six goals. Ian Williams missed for Rushworth, nursing a broken wrist. (He tells me the wrist still gives trouble, but he is able to bend his elbow quite freely.) Eight goals in the first quarter won the match for Colbo, Len Rodda getting four himself. He and McCubbery were named best with Bill Johnson, Paul Tuohey, Ivan Abbott and Alan Hammond.

Alec Horne kicked four goals for the Tigers, well served by Ross Williams, Bill Barlow, Rob Betson, Dave Roberts and Glen Heilv.

Strangely, Rushworth Seconds struggled to even field a team for the second semi, Elmore winning 11-13 to 3-3. Ken Risstrom, Barry Thompson, Charles Potter, Denis Ogden, Geoff Hawking, Chris Hageman and Tim Barlow were mentioned.

Murchison beat Girgarre by fifteen points. Darryl Wright's six goals put him in the best players with Lee Pinner, G. Bell, P. Morris, S. Roberts and R. Sloper. The Seconds lost to Girgarre, but still made the finals.

Poor old Stanhope had not managed a win in 1975, sitting on the bottom of the GVL ladder, Euroa the runaway leaders.

# **Tennis Club**

Bill Barlow, who is always on this page, was elected to succeed Ted Whitehead as Tennis Club President. Vice-presidents were Graeme Wall and Glen Heily. Judy Meagher became secretary, assisted by John Brown. Delegates to Tatura and District Tennis Association were Bill, Graeme, Ted, and Glen Rathjen. Courts 5 to 8 were to be ripped up, topped up, levelled and re-sown. (*These days the space is used for cricket practice.*)

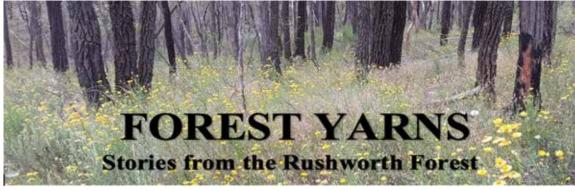
# Other sport

Murchison Golf Club President Tom Bourke had an upset win over reigning club champion Gordon McMaster, in a club championship semi-final. Stuart Shepard beat Brian Brady in the other semi. In B-grade, John Dunlop and Ian Clarke won through to the final.

At Rushworth, Colin Barlow took the A-grade event with 82, less his handicap of 24, ahead of Les Muir. Les Hoyling's 89 less 34 was good enough to take B-grade, over Stephen Brown and J. Borger, probably being John (Tacky), not his uncle Jack.

Champion Associates were Doris Barlow (A-grade, over Beryl Home), Norma Bolden (from Nan Jessup in B-grade) and Lorraine Barlow winning C-grade over Pat Cleary.

Peter Geisler's pigeon raced home first from Deniliquin.



# Supplying the factories

For many years the Rushworth forest was the source of firewood for factories in the Goulburn Valley, as well as large institutions like the Mooroopna Base Hospital. The wood was used in boilers to provide steam power. From the 1960s, demand started to decline as industry moved to other sources of power.

Stanhope Butter Factory and Girgarre Cheese Factory were two of the nearby companies that sourced their firewood from the Rushworth forest. Alfred Charles Corner, always known as "Bill", ran a business that was the sole supplier to both factories over a period of 36 years covering a period from the late 1920s through to the mid-1960s, when he got a job working for the Lands Department until his retirement.

Bill's grandfather (also Alfred), a native of Surrey, England, was one of the first miners to arrive in Rushworth at the start of the gold rush in 1853. He also mined at Redcastle and selected land at Moora in the early days. Because of the long association with Rushworth, the Corners have many family connections in the Waranga area and in the timber industry. For instance, Bill's father-in-law Albert "Bonnie" Duke worked at sawmills, including the Curtis mill at Erwen station, and Bill played footy with brothers-in-law Dick, Eddie and Jack Duke in the 1930s.

# All in a day's work

Bill would rise early and be heading out into the forest in his truck by 6 am on the dot. Ron and Hazel Risstrom, who were recently married and living in the former Imperial Hotel in High Street, knew exactly what time it was when Bill drove past on his first run into the forest for the day.

This would be the first of three trips a day to pick up timber and deliver it to one of the factories. The two factories received their firewood month about.

Bill employed a number of men at various locations around the forest as far away as Graytown, cutting and stacking the wood prior to his arrival. The billets of timber were five feet (just over 1.5 m) long, and Bill generally loaded and unloaded his Bedford truck by himself. This hard physical labour contributed to his great fitness and enormous strength on the football field in the 1920s and '30s.

At the end of a long day, Bill would go out and check on his flock of about 300 sheep. Somehow, he managed to fit in some recreational pursuits around his huge work schedule, such as playing footy and having a keen interest in trotting.

#### **Timber cutters**

Another part of Bill's work involved having regular contact with his forest workers, so that he could be sure that a full load was waiting for him when he arrived at the worksite. He did not have a

telephone, so this meant personal visits to the homes of the workers after hours. The worksites were allocated by the Forests Commission, with royalties paid based on the amount of timber taken from the forest

A bank book covering the period from 1952-7 reveals the names of some of the men who worked for him at the time. They included Vic "Wizzy" Howard, who later went into partnership with Bill. When Bill went to work for the Lands Department in 1964, Vic took over the whole business. The pair had been teammates in the great Rushworth football teams of the 1930s.

Other men who worked for Bill included Les Saunders, Wally Cooper, Bill McLeod, Roy La Peyre, H and R Francis, Walter Martin, G Miller, Herb Schumann, Vic Cruz, Frank Rondinella, Alf Thomas and "old" Jim Lloyd. There was quite an ethnic mix amongst the workers. Les Saunders and Wally Cooper were Aboriginal men, Frank Rondinella Italian and the others were all descended from migrants from various parts of the world, including South America.

#### **Business contacts**

Having the contracts for the two factories for such a long time, Bill established good relationships with the management and owners of the dairy companies. At one point, Toorak businessman Bill Crothers owned the Stanhope Butter Factory. He and Bill were great friends despite their very different backgrounds. Bill and his wife Doris (nee Duke) would receive postcards from exotic locations around the world. On one occasion they stayed at the Crothers' Toorak home. Bill Crothers treated them to a night out at a Chinese restaurant, something they had never experienced before. Let's just say they did not appreciate it nearly as much as their regular meat and three veg at home.

When Frank Mathieson was the manager at the Stanhope factory, Bill was concerned because he hadn't been paid for two months, which affected his ability to pay his workers in a timely manner. Mathieson suggested that Bill take out an overdraft. Bill erupted, proudly stating that he had never had an overdraft and never would. A short time later, he walked out of the office with a cheque in his pocket.

References: Interview with Gail Corner 25.2.2025

### Forest nature note

As the weather gets warmer, you will be starting to see some of the reptiles that have been out of sight over the winter months. Common garden skinks are often seen, although there is something like fourteenskink species noted in the box-ironbark forest. It's worth having a closer look to see whether the one you are looking at is somewhat more exotic than you thought. Some of the bigger lizards, like blue-tongues, make an appearance on warm, sunny days from now on.

# A Name from the Past

# Horace Benbow, victim of the Basin wall.

Like many major building projects, the building of the Waranga Basin wall had its hazards on the job. For young Horace Benbow, working on the wall cost him his life, as explained in Rushworth Chronicle of 25 January, 2018

"Horace Benbow, a lad 16 years of age, was seriously injured at the Waranga Basin bank on Thursday morning. He was engaged in piloting the loaded tracks to the top of the bank and then returning with the empty ones. On this occasion one of the trucks on the top of the bank broke away and dashed down towards the lad.

Benbow endeavoured to jump clear of the runaway truck, and would have done so only that an iron bar was protruding from the side of it. This caught him and smashed both thighs just above the knees.

Dr. Utber rendered medical aid, and conveyed the unfortunate fellow to the Mooroopna Hospital."

Horace lingered for several weeks, presumably in severe pain. The Rushworth Chronicle of 22 February, 1918, brought the fatal and final news.

"Horace Benbow, the lad who was so terribly injured at the Waranga Basin works about a month ago, died at Mooroopna Hospital last week. It will be remembered that he had both thighs smashed through being struck by a runaway truck."

There is no mention of Horace in listings for Rushworth cemetery, nor any indication of burial at Mooroopna. His final resting place may remain a mystery.

Alan McLean

# P-12 Students stretching out of their comfort zones

Year 11 student Chloe Johnstone was one of eleven students Australia wide, chosen to participate in the Australian Future Farmers Exchange camp in Queensland during the recent school holidays.

Chloe had wonderful week and what shown possible in the agricultural industry. She got to experience dairy, beef processing and feedlots, sugarcane, cotton and vegetable production. Chloe got to make connections with others, and we are sure she had her own personal growth as well.

The hope of the Future Farmers Exchange is that all the stories they heard during the camp will inspire and enable the eleven young legends

on the tour to follow a dream, ending in a career in agriculture.

Thanks must go to the Rushworth & District Community Bank, and Rushworth Community Support Inc. that contributed, to sponsoring Chloe to attend via a grant or scholarship.

The Youth Leadership & Business Summit is Australia's premier leadership event for young people, and we had two students, Emily McLean and Tildy Brew fortunate enough to attend due to the generous sponsorship of the Rushworth & District Community Bank.

Each year they bring 300 participants from around Australia and the world together for five days filled with content and experiential learning activities delivered by speakers and facilitators from around the world (many being young people themselves). This year the event was held in Sydney.

Their speakers deliver inspiring and engaging content that young people need to know. From sessions on entrepreneurship and money, to living a healthy lifestyle, effective communication and a range of leadership and teamwork skills and tools.

Emily and Tildy had a fantastic time and are already wondering about attending next year as 'graduates' - they shared their experiences with the college community at an assembly on 11 August and were both happy to announce that they are returning as 'graduate mentors' for the 2026 Magic Moments camp.

The Rushworth & District Community Bank also announced they would support two scholarships for students to attend in 2026. As a college we are extremely grateful to be able to work together with the Rushworth & District Bank on opportunities like these for our students. Applications will open in 2026.





(Above) Chloe experienced a wide range of Agricultural industries in QLD.

(Below) Tildy and Emily were part of the Feisty Foxes team during the leadership summit.





Pictured at the recent college assembly with Tildy and Emily were representatives from the Rushworth & District Community Bank, Alek Stokes, and Christine Borger.

# Some STATE appearances for P-12 students

students July from Rushworth P-12 College travelled to Bendigo Showgrounds to compete at the Bendigo Annual Sheep and Wool Show.

Will Ogden and Chloe Johnstone competed in the Corriedale Junior Judging with Will being the winner in his heat.

Will Ogden then went on to compete in the Junior Judging in the sheep meat class and became a State Finalist!

The winner goes through to is held in Perth later in the year. Will Ogden judging some Poll Dorset rams The judge commended Will on



his efforts and said he is looking forward to seeing him again next year.

Well done to both students on a great achievement.

# Another 'Will' qualified for a STATE Championship



On Thursday 14 August, three of our students, Will Patrick, Lucas Jones and Declan Hawking, headed to Echuca to compete in the Victorian Clay Target Association North East Zone Student Championships.

Will Patrick had a great day at the shoot. In Round one he shot 10/10 targets, round two he shot 7/10 targets and at the end of the second round he was in equal first place. He then went into a shoot-off for first place and won by shooting 5/5.

Will Patrick will now go to the State Championships. Congratulations to you Will Patrick and Will Ogden - the school community is proud of your achievements thus far.

# Year 9/10 Humanities exploring World War I service

by our community

As a part of our unit on World War 1 we have been researching local residents who served in the war.

Last week we visited the cemetery and found memorials of returned soldiers, this week we will be paying our respects by visiting the cemetery and Cenotaph in town during period two to place some rosemary at the sites.

Steve Rix

(Right) Year 9/10 Humanities students exploring the cemetery identifying our World War I service people.



# **Bush Tucker on show**

On Thursday 31 July our local KESO (Koorie Education Support Officer) arranged the most amazing guest speaker for the Agriculture, HOPE and Primary students at the College.

Collin Atkinson - Indigenous Cultural Educator, who lectures at Melbourne University and has his own business "Wolithiga Wares" came to school to teach the students about bushfood. Collin showed us a variety of indigenous food sources, artifacts and discussed techniques for using the produce.



Collin, Will Ogden, Mrs McCloy wrapped in the possum cloak and Charlie McLean.

Bushfood is now a recognised as an emerging international commercial industry. using produce which is environmentally sustainable and currently value adding to a wide range of traditional international trading products such as sheep. For those unaware saltbushes are a great example of bushfood which can impact positively on the taste of sheep meat and is highly sought after in restaurants.

Collin is also a trained chef, and we look forward to tasting his cooking soon. Thanks to Collin for his talk and Luke for arranging

Leah McCloy



# Neighbours carve it up at Zone School Clay Target Championship

Two local Colbinabbin boys Logan West and Will Patrick, representing Rochester Secondary College and Rushworth P12 College respectively, had an outstanding day on Thursday 14 August where they participated in the North East Zone School Clay Target Championship held in Echuca.

The day not only consisted of students participating in a twenty target single barrel event, but emphasised the safety and handling of firearms around juniors.

Logan won overall High Gun on the day in a shoot-off finishing with a score of 23/25 targets and Will also coming first in his age group, also in a shoot-off with a score of 22/25 Targets.

Both boys are active members of the Colbinabbin Clay Target Club, which is very proud of the boys achievements, as it has not only helped teach them the sport, but also to value and respect the handling of firearms safely.

Both schools, Rushworth and Rochester, are very proud of their results and also in the way they conducted themselves throughout the day.

The Victorian Clay Target Association is divided into four zones with Rushworth and Rochester zoned into the North East



Logan West and Will Patrick, representing Rochester Secondary College and Rushworth P12 College

and where up against quality opposition from larger schools ranging from Kyneton, Bendigo, Echuca, Shepparton and afar.

Both Logan and Will have progressed to

the next level and will be participating in the State Junior Championship held on Monday, 1 September, also in Echuca. Well done and good luck boys!

# Colbo Divisional Netball Tournament

Participants from Colbinabbin all performed well in the Divisional Netball Tournament in Bendigo on 6 August. The team did a great job winning most games.

The Colbinabbin players were: Holly Walsh, Ivie Borger, Lucinda Ryan, Maisy Masterson, Evelyn Wilkinson, Isabelle Hill and Pippa Knight.

# Colbo Cluster in Divisional Football

The Campaspe cluster of schools entered a team to compete in Bendigo on 11 August at the Divisional Football Competition.

The team performed very well and made it through to the finals.

The Colbinabbin players were: Corban Safstrom, Charlie Greenaway, Lorelai Wilkinson, Jack Ryan, Fraser Weppner, Daniel Johnson, Thomas Rathjen, Ethan Johnson, Oliver Greenaway, Nick Weppner and Vinnie Ryan.





# St Mary's School highlights

- Mrs Jamieson and Mrs. Fiske Kealy

# 100 Days of Foundation

We have celebrated the 100 days of school for our Foundation students. They have come so far in the short time that they have been at school. We are incredibly proud of all that our students have achieved. (See photos on Page 8).

# Leadership

This week, we were delighted to witness a wonderful example of leadership, teamwork, and community spirit. One of our Grade 6 students took the initiative to support the F/1/2 class with their Liturgy and read the Acknowledgment of Country as part of the celebration.

Moments like this truly reflect the heart of our school – where students of all ages support, encourage, and learn from one another. We are so grateful to our Grade 6 leaders, who continue to step up, share their gifts, and inspire younger students through their example. Their willingness to guide, mentor, and contribute helps make these special occasions so meaningful for everyone involved.

# **Breakfast Club**

We have been fortunate enough to receive donations from Eat Up Shepparton for our breakfast club program. This means we have now added cheese toasties to our breakfast club food (yum!).

We have also received some new supplies from the IGA to continue our breakfast club program including pancake mix, spreads and cereal. The bakery and food bank have also continued to make their generous donations, what a great community we have!

# Student of the Week award winners



Congratulations to our Week 4 Student of the Week and Principal's Award winners! Well done!

# **NAIDOC** Week celebrations

On Monday we came together as a school to celebrate NAIDOC week. This year was extra special with the presence of Michael and Neil (Aboriginal education at the CESL).

We participated in a variety of activities including clap stick decorating, reading of Indigenous books, learning about Dadirri (Aboriginal deep listening), Aboriginal sports games and the building of our new school yarning circle.

Each student participated in the planting and building of our yarning circle, a special thanks to the Jarrett and Hudson family for their part in supplying the wooden seats .(How lucky are we to have so many amazing families at St Mary's). We can't wait to watch the area grow and change as we move through the seasons.



# **Enrolments now OPEN**

We're now welcoming enrolments for 2026! Please return your forms soon so we can start planning for another wonderful year together. Enrolment packs are available from Pete or Georgia in the office. If you know a family who would enjoy being part of our caring, supportive, and connected St Mary's community, please encourage them to get in touch.









Sandhurst Diocese is taking 200 young pilgrims to the Australian Catholic Youth Festival in Melbourne - a vibrant journey of faith, music, prayer and encounter.

The pilgrimage is a partnership between Catholic Education Sandhurst, parishes and schools, offering young people a chance to grow in faith and community, to be formed, inspired and sent.

The Pastoral Leader will be Fr Junray Rayna, (Administrator of St Kilian's, Bendigo). Three Chaplains have also been appointed: Fr Adi Indra (St Brendan's, Shepparton), Fr Jackson Saunders (Cathedral Cluster of Parishes, Bendigo) and Fr Nathan Verallo (Wangaratta).

The young pilgrims might find these four priests are not your average clergy team. One is a surfer and hiker, another is a footy commentator, one has never been to a World Youth Day and one has a bishop for an uncle in the Phillipines.

Registrations for the Sandhurst Pilgrimage to ACYF 2025 are now open and can be completed via the Harvest Journeys Booking Portal. Students under 18yo not attending with a school group must be accompanied by a parent.

# **Building communities of belonging**

Geoff Gowdie is the Assistant Director of Mission and Pastoral Life of Sandhurst Catholic Diocese.

He has announced that preparations for building a community of belonging are well underway.

"We are encouraging parishes to bring a cohort of parishioners to the Gathering," Geoff explained.

"It takes a community to build a Community of Belonging. By definition, it can't be done by one person. Having said that, there will be individual parishioners who have a gift for this ministry, and priests and parish leaders are urged to invite them to the day."

# **Keynote presenter**

Keynote presenter, Dr Paul Sharkey, will explore what building communities of belonging means, and why it matters for the parish's mission in today's culture.

The focus will then shift to how our parishes might strengthen belonging within the parish community and beyond.

# Six workshops will cover such topics as:

- lessons from overseas parishes on welcome, hospitality and belonging;
- creating a parish culture that is invitational, welcoming and inclusive of young people;
  - inclusion for children and families;
- parish-school partnerships in building communities of belonging;
  - local strategies in practice; and
  - scriptural foundations for belonging.

The afternoon sessions will centre on parish groups learning from each other and identifying and reflecting on what they will take back to their own communities from the day.

The Gathering will commence at 9.00 am for a 9.30am start, and finish at 4.00 pm.

# Registrations

Registration will open in early September and close at the end of the month.

This Gathering is Project 4 in the Diocesan Formation Support Plan. It is intended that a Diocesan Formation Gathering be held annually.

Project 6 flags the next Formation Gathering for July 2026.

# Season of Creation 2025 - Peace with Creation

The Season of Creation 2025, celebrated from September 1 to October 4, invites Christians worldwide to unite in prayer and action for our common home. As climate change continues to impact vulnerable communities and ecosystems, the Season offers an opportunity to renew our commitment to sustainability, justice, and peace.

The Symbol for 2025 is a dove carrying an olive branch bringing life to the Garden of Peace. In the Biblical story of the flood, the dove plays the role of messenger: The dove sent out by Noah returns to the ark with a fresh olive branch in its beak, signalling that the flood is receding. As the flood story begins with a situation where "the earth is filled with violence" (Genesis 6:13), the return of the dove with the olive branch came to be known as a sign of new peace.

# **District Church Times and Contacts**

# Anglican

- St Paul's, Rushworth: 0419 512 632
- 9.30am 2<sup>nd</sup> Sunday of month lay led service
- 9.30am 4th Sunday of month Communion
- Christ Church, Murchison: Rev Andre du Plooy 0458 155 930
- -10.30 am Thursdays Holy Eucharist
- -11am service every Sunday
- St Matthews, Stanhope: 0419 855 964 (Church Warden)
- St John's, Colbinabbin: 0428 329 344 (Mick Clayton)

#### **Presbyterian**

- St Andrew's, Rushworth: Sunday 9am: Minister Kalpan Vasa 0477 241 042 or Elder Gary Dunstan 5856 1332.
- St Andrew's, Stanhope: 5831 6494 (Rev Kyung Rae Ee)

#### Catholic

St Mary's Parish. 1<sup>st</sup> and 3<sup>rd</sup> Sundays: Cornella 9am; Stanhope 10.30am. 2<sup>nd</sup> and 4<sup>th</sup> Sundays: Rushworth 9am; Murchison 10.30am.

5<sup>th</sup> Sunday: One Parish Mass - Rushworth 10.30am followed by a cuppa in the parish house. Contact a team member on the parish mobile phone: 0459 898 925. .

### Shine Church, Stanhope

Sunday services at 10am at the Stanhope Community Hall. All COVID restrictions abided by. Kids church running as well during service. More info call Wal Sinapius 0408 393 398.

# **Living Waters Rushworth:**

Sunday 3.30pm coffee: 4pm service 0428 323 631 (Pastor Peter Guerra)

**Generations Church, Tatura** 

5824 3240 (Pastor Jeremy Burr)

# Salvation Army: 5852 3875

### **Uniting Church**

Waranga Uniting Churches – Rushworth, Colbinabbin, Murchison and Tatura.

Service Times: Weekly at 9.30am (with the 'room' open for a chat at 9am)

Every congregation is open for services which will be streamed each week into all four of our church buildings.

Each week one congregation will host the service with people in other congregations participating in leading the readings, sharing news and fellowship via the magic of Zoom.

You are welcome to join us in person or from your lounge room via Zoom.

The link for the Zoom service can be found on our website warangaunitingchurches.net.au or can be emailed to you each week.

# AN EVENING PRAYER FOR CHILDREN



Help us, God, to do the things we should,
To be to others kind and good;
In all we do, in work or play,
To grow more loving every day. AMEN

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# GOOD LIFE

# Talkies, Trauma and the Gift of Disruption

In the late 1920s, the film industry was turned upside down by the arrival of the 'talkies'. Silent films, which had for so long dominated the entertainment world suddenly seemed quaint and outdated. Audiences were thrilled to hear voices and music on the big screen for the first time.

But not everyone was celebrating. Thousands of pianists and organists who had faithfully accompanied silent movies lost their livelihoods almost overnight. Famous actors, whose faces had been adored on the screen, found their careers ended when their voices didn't suit. Entire systems collapsed as a new art form was born.

That's the nature of disruption. It's exciting and full of possibility for some, but deeply unsettling for others.

# Disruption

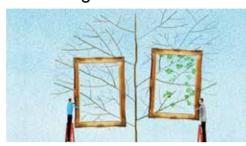
We don't need to go back to the 1920s to know what disruption feels like. Most of us have lived through it, in one form or another. It might have come with the sudden loss of someone we love, a diagnosis that changed everything, a divorce, a job loss, or a natural disaster - the bushfire, flood, or storm that swept away what once seemed secure. These moments don't just rearrange our routines. They shake our very sense of who we are.

Losing a job, for example, isn't only about loss of income. It can leave us asking: "Who am I without this role?" A divorce isn't just about the end of a marriage. It overwhelms us, affecting our confidence, our plans, our very identity. Illness isn't only about our body. It tests our patience, resilience, and sometimes our faith in the world itself.

Disruption calls things out of us we didn't know were there. It asks for courage when we feel weak, patience when we want quick solutions, humility when we'd rather be in control. It forces us to face questions we'd rather avoid: What really matters? Who really matters? What values will carry me into an uncertain future?

And yet, disruption also creates opportunities for growth. A career ends, but another path opens. A serious illness leaves us with scars, but also a fresh appreciation for health, time, and relationships. A flood devastates a town, but neighbours discover new bonds of community as they rebuild together.

# Reframing



Psychologists talk about the practice of 'reframing' as one way we cope with trauma and disruption. The essential idea is simple: the frame through which we look at a situation shapes how we experience it. Shift the frame, and the meaning changes.

You hear this when someone says after a hospital stay, "There's always someone worse off than me." Or when another says, "Something good will come from this." The situation hasn't changed, but the perspective has; and with it, the possibility of resilience and recovery.

Even the language we use can make a difference. Is it a 'problem' or an 'opportunity'? Is it 'post-traumatic stress disorder', suggesting a permanent label, or Waranga News - 21 August 2025 - Page 25 'post-traumatic stress injury', suggesting something from which healing is possible? Words matter because they shape the way we imagine our future.

I'm not suggesting that we sugar-coat our experiences of hardship or pretend our pain isn't real. Disruption hurts. Trauma can leave us with lasting wounds, but 'reframing' provides us with a different way of seeing. It doesn't erase our loss, but it can help us to find meaning, courage, and even hope in the very place we thought there was none.

There is an old story which captures this beautifully. Two men are walking away from Jerusalem after the traumatic death of their teacher and friend. To them, the future looks finished. Everything they had hoped for is gone. A stranger joins them and listens to their grief.

Then he begins to show them a bigger story, placing their pain into a wider frame. Later, when they share a meal together, they suddenly recognise him: it is their friend, Jesus, who is alive again. What they thought was the end, they now see as the beginning of something utterly new. They turn to one another and say, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" (Luke 24:32)

That's the power of 'reframing'. The facts hadn't changed: their friend had died but the meaning of that death had shifted. What had seemed like an ending they now saw as the seed of a new beginning.

We may not experience anything so dramatic, but the principle of 'reframing' still holds for us. The way we frame our experiences of disruption matters. We can see only negative consequences, or we can be open to the possibility of new growth.

The experience of disruption is unavoidable. It will come, whether through personal loss, social change, or the unexpected twists of history. 'Reframing' provides us with a way to live through disruptive experiences, the opportunity to see not just the pain, but also the possibilities that can emerge from our pain.

Perhaps our experience of disruption is life's way of 'clearing the ground' so that something new, just, and fruitful can grow.

Disruption is what grace feels like before we recognise it as grace.

This is the gospel and it's good news.

Brian Spencer, Minister Waranga Uniting Churches



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# WARANGA NEWS CLASSIFIEDS

# **DEATH**

# RHODES, Beverley Ann (Bev) 08/07/1947 - 27/07/2025

Passed away peacefully surrounded by

Devoted mother of Graham (dec).

Dearly loved sister of Ray, Pat, sister-in-law of Michael and aunty of Karen. Ron, aunty of Layton, Kathlyn, sister-in-law of Chris, aunty of Kane and Bianca, great-aunty of Scott, Jade and Kye, aunty of Dean and Jenna, great-aunty of Ayla and Mitch, aunty of Kara and Andrew, Jenny, Peter, sister-in-law of Karen, aunty of Sarah and Carly.

> A lifetime of memories and always in our hearts.

# SHORT, Neil Robert 12/2/1943 - 23/7/2025

Loved son of Jesse and Cliff. Loved brother and brother-in-law of Ian and Lorraine, Bruce (dec) and Mely. Cherished uncle of his six nieces and their families.

Neil will be greatly missed. A private burial was held as per Neil's wishes.

R.I.P.

# **BEREAVEMENT THANKS**

#### **BREWSTER**, Robert (Bob)

Dawn and family extend out heartfelt thanks to the special people of Rushworth for the care and comfort they gave us on the loss of Bob.

A special caring community.

# **Advertising Rates**

Classifieds: \$2.75 per line (Minimum \$11)

Black and White Display Ads: \$5.40 per column centimetre

Colour Ads: \$6.00 per column centimetre

The deadline for display advertising copy is the Friday before publication. The deadline for classified line ads is the Monday before publication.

Early booking of colour ads is strongly advised as space is limited.

> Phone: 5856 1120 or email wnews@iinet.net.au

# **PUBLIC NOTICES**

# **Committee of Management** of Community Cottage

# **AGM**

At 1 Murchison road, Rushworth

To be held on Wednesday 17 September at 1pm at

'The cottage'.

New members welcome.

# TRADE AND SERVICES



# Waranga News Inc. **Annual General** Meeting

Wednesday 17 September 7.00 pm at Shire Service Centre meeting room

**Guest speaker:** 

### **Annabelle Cleeland MP**

Nominations for membership of Committee of Management welcome. (Nomination forms available pre-meeting)

Do you enjoy social media? Do you have a couple of hours each fortnight to volunteer?

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# **Waranga News**

All volunteers welcome.



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# **Helen Truran** Marriage

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Email: hjtruran@gmail.com

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Kids Maths Trivia Answers

1. 11, 2. 22, 3. 12, 4. A Quadrillion, 5. 13, 6. 9, 7. 9, 8. Because 7, 8, 9!



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# Solutions from last edition



7	4	8	5	1	6	3	2	9
1	3	9	4	2	8	7	6	5
5	6	2	9	3	7	8	1	4
9	2	5	6	8	4	1	3	7
8	1	6	3	7	9	4	5	2
3	7	4	2	5	1	6	9	8
2	5	7	8	6	3	9	4	1
4	8	3	1	9	5	2	7	6
6	9	1	7	4	2	5	8	3

4 0 5 4 0 0 0

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# **DISTRICT INFORMATION BOARD**

# WHAT'S ON AROUND THE TOWNS

# **AUGUST** Strokesafe presentation, Stanhope Men's Shed 11am 3 Tivey Fri 22 Grove Stanhope - All welcome Dementia Forum - Aiming awareness and education - KCLC **Tue 26** Kyabram - 3pm **Thu 28** Family History Month - Sessions with Victoria bookings essential **Sat 30** Rushworth Arts, Antiques, Crafts & Collectables Market, Shire Hall

# **SEPTEMBER**

Wed 3	Women's Health Information Night 7pm Rushworth Community House Fee event, supper provided RSVP 5856 1295		
Sun 7	Stanhope Community Market from 8am		
Mon 15	Look Good Feel Better Workshop - Facing Cancer with confidence 10-12.30pm Free. Register 1800 650 960		
Sat 20	Rushworth Market, High Street - 8.30am to 1pm		

# Meetings & Activities - around the district

- Alcoholics Anonymous(AA) meetings, 14 High st, Rushworth, Thursdays 7pm
- Colbinabbin Library: Wednesdays
- Colbinabbin Community Shed: most Thursdays (old Shire Depot), 10am
- Colbinabbin: Chris's exercises at Colbinabbin Hall Mondays 3.30 4.30pm
- Colbinabbin Pub Choir 5pm Tuesday's at the Colbo Pub.
- Ladies Coffee and Cake 1st and 3rd Tuesdays of the month 10.15am Colbo pub
- Carers and Bubs Catch up 1st and 3rd Thursdays of the month 9am Colbo pub
- Soup and Scrabble 2nd and 4th Tuesday of the month, 10.30am starts 8 July. \$10, bookings 54329230 Colbo pub.
- Friends of the Hostel: Third Monday at 1.30pm monthly
- Murchison Mens Shed: Wednesdays 10am 3pm
- Murchison CFA: Meeting 1st Monday 8pm training on 3rd Monday 6.30pm
- Murchison Community Garden: Wednesdays 9am 11am
- Community meals Wednesdays 12pm at Murchison Neighbourhood House
- Rushworth CFA: Tuesday nights
- Rushworth SES training: Wednesday evenings at 7pm Rushworth Food bank: Mon 10am -12pm, Wed 10am-12pm, Fri 10am-12pm
- #9 Op-Shop: Mon, Wed and Fri 9am 2pm Saturday 9am to 12pm
- Rushworth Community Garden every Wednesday
- Rushworth Community House Genealogy, every Friday from 9.30am to 12.30pm
- Rushworth Band practice: 7.30pm every Monday night
- Rushworth Market: 3rd Saturday of month 8.30am to 1pm
- Rushworth ART Depot (RAD) every Market day Sat 10am -1pm
- Rushworth Museum: every Saturday 10am-12 noon, 1st and 4th Sunday 11am 1pm
- Rushworth & District Community Bank Board: meets 1st Tuesday monthly, at 6pm
- Rushworth Events Inc: meets bi-monthly, third Wednesday at 7pm
- Rushworth Community Walking Group: Thur 8 9am meet at front of Waranga Health
- Rushworth: Chris's exercises at Rushworth Community House Mondays 1 2pm
- Rushworth Garden Lovers Club meet 3rd Thursday Month 1.30pm at old Senior Citizen's building
- Stanhope Walking Group: Tuesdays at 9.30am at McEwen Place
- Stanhope Community Garden: Wednesdays 8.30am to 9.30am
- Stanhope Mens Shed: Mon Wed Fri 9am 12 noon
- Stanhope: Chris's exercises at Seniors: Mondays 10.45am
- Stanhope Community Market 1st Sunday of month from 8am

Local clubs or groups who would like to display their event, occasion, community service, entertainment, meeting or opening times, give Waranga News a call or email to be included in our events calendar.

Advertising in the Waranga News supports your business AND your community call 5856 1120 or email wnews@iinet.net.au

# LOCAL SERVICE **PHONE NUMBERS**

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AMBULANCEEmergency000
Non-emergency13 3009
SES: (storm & flood)13 2500
DOCTORS:
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Rushworth Medical Centre 5856 1329
Stanhope Telecare Medical Centre
4800 5291
Waranga Medical Centre 5851 8400
HEALTH:
Stanhope Health5857 0451
Waranga Health5851 8000
Nurse on call 1300 606 024
HELP:
Lifeline13 1114
Kids Helpline1800 551 800
POLICE:
Rushworth5856 1000
Murchison5826 2222
Colbinabbin5856 1000
SUPPORT SERVICE:
St Vincent de Paul0417 597 468
WARANGA NEWS OFFICE5856 1120
DEFIB LOCATIONS

20-24 Murchison Rd. Rushworth Community House 67 High St, Rushworth Recreation reserve 2 Coyle St, Rushworth

# ADVERTISING DEADLINES

**FOR NEXT EDITION - 4 SEPTEMBER** 

Display Ads: Friday, 29 August Classified: Monday, 1 September

wnews@iinet.net.au

# **Waranga News**



Waranga Health



14 High St, Rushworth

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Waranga News Incorporated

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Office Hours: Mon, Wed & Fri

9.30am - 5.30pm

(All day Mon & Tues of production week) 33 Moora Road, Rushworth.

Postal address: PO Box 53, Rushworth, 3612

E-mail address: wnews@iinet.net.au

Website: www.wnews.org.au

Advertising & Accounts: (03) 5856 1120

Editor: 0407 561 311

Annual subscription: Online \$30; Posted \$65.00 (inc cost of postage)



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Plan 2025-2029

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shire@campaspe.vic.gov.au www.campaspe.vic.gov.au

# Project update

Every year, Council's Construction Team completes a program of gravel road and shoulder resheeting. This year the crew will undertake works on approximately 45km of roads throughout the shire.



Coming Up

Council meeting | 6pm Tuesday, 23 September 2025 | Echuca Civic Centre Meetings can be streamed live: www.campaspe.vic.gov.au/livestreaming

# **Immunisation** Sessions

# By appointment only. Register at campaspe.vic.gov.au/ immunisations

If you are feeling unwell or have any cold or flu-like symptoms, you must cancel or reschedule your appointment.

Thursday, 21 August 5:30 - 6:30pm | Echuca Library

Monday, 25 August 9:00 - 10:30am | Tongala Shire

11.30am - 12noon | Stanhope Community Health Centre

Tuesday, 2 September 5:30 - 6:30pm | Kyabram Senior Citizens Centre

Need help making an appointment? Call Council on 1300 666 535.

# **Employment**

Visit www.campaspe.vic.gov. au/careers

#### Works Notice

Roadworks will be undertaken on Morton Road, Rochester, between Dingee Road and Foster Road from Monday 1 September. These works include a new road surface, upgrades to the Morton and Dingee Road intersection, and some drainage works. There will be road closures during construction, however, access will be maintained for residents and emergency services. Road users are advised to follow detours or plan alternative routes during the works, which are expected to be completed in November.

# Now Open For all open projects and applications, visit: campaspe.vic.gov.au/nowopen Draft Council and Wellbeing

Give your feedback on the Draft Council and Wellbeing Plan 2025-2029 which guides Council's actions over the next four years. The draft plan highlights key areas such as infrastructure revitalisation, economic growth, public space enhancement, and community wellbeing. Provide your feedback online or at any Service Centre until Friday, 22 August.

#### Grant-writing info sessions

Council's Flood Recovery Team, in partnership with FRRR, is offering free grantwriting sessions across the shire this August, Designed to support local recovery and build capacity, the sessions will cover how to find the right grants, write strong applications, and manage reporting and acquittals effectively. Places are limited so bookings are essential. Visit the Now Open page for dates, times and locations.

### Domestic Animal Management Plan survey

Council is reviewing the current Domestic Animal Management Plan (2021-2025) and developing a new one for 2026-2029. The plan guides how cats and dogs are managed in Campaspe. We're inviting all residents and property owners-pet owners or not-to share what matters most to them. Visit the Now Open page to learn more and have your say by Friday, 22 August.

# Youth Fest 2025 -Stallholder registrations

Youth Fest is for providers of services, activities and programs for young people. Council is seeking registrations from organisations and providers who would like to hold a stall at the event on 5 September in Echuca, For more information, contact Council's Youth Community Development Officer. Registrations close Friday, 22 August.

# Aquatic & Wet Play Strategy development

The Campaspe Aquatic and Wet Play Strategy will outline a 20-year plan for sustainable, accessible facilities that support a healthy, active community. We want your feedback on current challenges and future opportunities. The engagement process will include interviews with key stakeholders; complete the online survey by Friday, 22 August.

# Echuca East Levee Design

Council is seeking community feedback on a draft functional design for a levee intended to protect Echuca East from future flooding. The proposed levee would run from the old Echuca Moama bridge along Anstruther Street to Hovell Street, then follow the existing levee to Pakenham Street, east to Moama Street, and south to Snowden Streetgenerally aligning with the forest side of the current

levee and positioned about 10 metres behind residential properties. Residents can review the plans online or in person and submit feedback by Monday, 25 August 2025.

#### Community Grants

Round 3 of our Community Grants program is now open and includes four funding streams including Inclusive Communities Grants, Event Grants, Equipment Grants, and Junior Development Grants. Call us on 1300 666 535 or visit any of our Service Centres if you require assistance with your application. Applications close Tuesday, 26 August.

# #MyCampaspe Photo Competition

Show off what you love about where you live, work or visit for the chance to feature in the 2026 Campaspe Shire Calendar! All photos, including three new artwork categories, need to be taken in Campaspe Shire, must be in landscape orientation and high quality, up to 10mb. Each winning entry will receive \$100 and a month's coverage in the calendar. Entries close Friday, 26 September.

#### **Draft Road Management** Plan

Council's Road Management Plan is currently under review. The draft plan is open for public exhibition and feedback until 4pm Friday, 12 September 2025. Visit Now Open for more details.

# Promote your commmunity group or event on our website!

Involved in a community group or event you would like to promote? You can add your listing to our website for FREE! The Community Directory lists community organisations, special interest groups and clubs. The Events Directory lists upcoming events across Campaspe Shire. There is a helpful video on each page to show you how to create a login and upload your listing. Visit www.campaspe.vic.gov.au/communitydirectory and www.campaspe.vic.gov.au/eventsdirectory

# Readers' Corner

- interesting things to know and do!

# **BOOK IT IN**

# Inside Out (A Memoir) by Demi Moore 4th Estate UK 2019

Autobiographies are often a problem for the reader. Our natural desire to paint ourselves in the best light would suggest that they often do not contain the truth, the whole truth and nothing but the truth and even fame and fortune cannot guarantee the production of a readable book. In her memoir "Inside Out" Demi Moore does better than most.

Written when she was fifty at a time when her personal life and film career were at a low ebb, she tells the story of a life dogged by chronic kidney disease, poverty and destructive, irresponsible parents who fled city after city to escape dud cheques, angry lovers and furious partners in failed get-rich-quick schemes.

On average, she attended two different schools each year so she grew up tough, wary and self-contained and decided at the age of only thirteen that, as her parents had divorced, small parts in the theatre and movies may help her to support her family. One of her mother's boyfriends found her some small roles but it would be years of dogged determination before she made her living as an actress. Before that, there was time as a model, the suicide of her father, the mental breakdown of her mother, a short marriage and her own spiral into drug addiction.

Then came her big break – a substantial part in the soap opera "General Hospital" and then the movies with bigger and better roles – "Blame it on Rio", "No Small Affair", "St Elmo's Fire", "Ghost", and more - not great classical roles, but she gained experience and awards, including a Golden Globe Award, a Critic's Choice Award and many nominations from the film industry and in fact she became one of the highest earning actresses in Hollywood. Threaded through this however, was the constant idea that she was never good enough and undeserving of her success, a result of her traumatic childhood.

In 1987 she married the actor Bruce Willis with whom she had three daughters and their lives became fodder for the tabloids, particularly the iconic photo of Moore, heavily pregnant, that appeared on the cover of Vanity Fair. The marriage foundered in 2003 and while working on "Charlies Angels", she met Ashton Kutcher, also an actor, who was fifteen years younger than herself. She became pregnant and they married but she lost the baby, Kutcher moved out and she toppled into alcoholism. Her daughters refused to talk to her, her health deteriorated, and she contemplated suicide but it was at this low point that she was able to admit her weaknesses and pain and learn to ask for help. She says that she learnt that she was not a failure and that self-doubt will pass and that will bring peace. Her family are all together again and with the help of good friends, therapy and the passing of the years she has gained a measure of contentment. A brave autobiography from a woman who isn't afraid to tell the unvarnished truth.

The Bookster

# KIDS' QUIZ

- 1. What is the next prime number after 7?
- 2. 65 43 = ?
- 3. What does the square root of 144 equal?
- 4. 7. What comes after a million, billion and trillion?
- 5. 52 divided by 4 equals what?
- 6. How many sides does a nonagon have?
- 7. What does 3 squared equal?
- 8. Why was 6 afraid of 7?

Answers on page 26.

Did you know? . . .

Around 8% of the world population has an extra rib!

# Sudoku and Crossword puzzle

#### HOW TO PLAY

To solve a Sudoku puzzle, every number from 1 to 9 must appear in:

Each of the nine vertical columns

Each of the nine horizontal rows

Each of the nine

3 x 3 boxes

Remember no number can occur more than once in any row, column or box.

# Across

- Break free
- . Bloke
- 7. Hide (booty)
- Cosmetics gel, aloe ...
- ). All's well that ... well
- Separate
- Unconvincingly
   Walrus tooth
- 14. Packoso
- Package
   Birthplace of St Francis
- 21. Restaurant cook
- 22. Hollow area
- 24. Burst of light
- Insignificant
- 26. Sit lazily
- 27. Performed again
- 28. Frangipani garlands
- 29. Sexy Down
- 1. Enwrap
- 2. Stun
- 3. Written composition
- Card game
- Run-down
- neighbourhoods 3. Bare-skin enthusiasts
- 12. Conceal oneself, ... low
- 15. Attain
- 16. Money stores
- 17. Reptiles
- 19. Ocean 20. Perfect
- 20. Perfect
- 22. Reprimend 23. "Safe" Swedish car

#### Rating: \* \* \* 6 1 9 5 8 7 1 4 9 8 5 7 6 4 8 2 1 9

Lovatts

7

3

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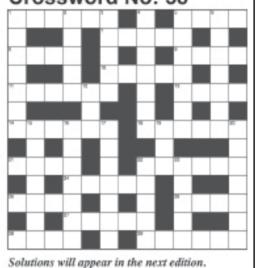
6 | 1

2

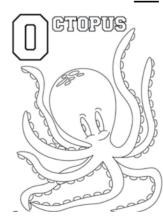
9

3

# Crossword No: 58



# O is for Octopus



. . and <u>O</u>strich, <u>O</u>wl, <u>O</u>range, <u>O</u>pen, <u>O</u>nion, <u>O</u>vster, <u>O</u>tter, <u>O</u>il and <u>O</u>cean.

Ostriches are the tallest, heaviest, and fastest birds on land. They can run up to 64kph, lay the largest eggs, and live up to forty years.

If you want to make a cake using an ostrich egg, you'll only need one ostrich egg for every twenty-four chicken eggs! So perhaps we won't try to bake a cake this week. We'd need about 12 cups of sugar, 18 cups of flour, 6 cups of butter and 6 cups of milk! And then we'd need a HUGE cake tin and HUGE oven, not to mention a HUGE

number of people to eat it. But I'm told it would be a very nice cake!

If you do find an ostrich egg, you need to be sure it's fresh.



I know a farmer who found  $\underline{\mathbf{o}}\text{ne}$  and thought he'd drill it  $\underline{\mathbf{o}}\text{pen}$  and empty it to

keep as an ornament. It was 'off' and squirted foul smelling liquid all over him, his bench, his shed and his clothing. Yuck!



# **Conservation and Community**

by Graeme Wall

Wednesday 30 July saw the completion, by the Rushworth Field and Game, of the nest box erection on the Campaspe section of the Waranga Rail Trail.

The boxes are now GPS plotted so they can be found and the results of their success can be easily monitored each time they are checked. These nest boxes are a mix of donated boxes from different organizations.

Conservation officer Graeme Wall said there have been many contributors to this program and we thank everyone who has helped in any way.

We would also like to thank Arbor Dynamics crew and owner Matt Barlow for grinding out some stumps at the clubhouse and make mention of their work in the Recreation Reserve. Matt and his crew have improved drainage around the netball courts, trimmed some trees, ground out some stumps improved access to the toilets and levelled some soil around the recreation reserve.

Without volunteers and support from local businesses, so many recreation facilities struggle to survive. The President of the Rushworth Recreation Reserve, Peter Raglus said without our volunteers the recreation reserve would not be able to exist.



Some of the GPS plotted nest boxes.



Matt Barlow in his bobcat working at the Recreation Reserve.



Neville Barker erecting a nest box along the Rail Trail.



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# Special publication celebrates Stanhope KDL era

An eighty-two-page digital publication that salutes Stanhope Football Netball Club's highly successful thirty year connection to the Kyabram District League is being used as a launching pad for a Past Players membership drive.

The club is calling on anyone who has had a connection to the club between 1995-2025 to reach out and become a member - for just \$30 - or \$50 with a special celebration cap.

Stanhope Football Netball Club spent time in the Goulburn Valley League, before switching to the Heathcote League in 1976, and then eventually moving into the Kyabram District League in 1995.

It is that KDL era of the club's history that the publication is focused on, in an attempt to reconnect with players and celebrate an extraordinary run of titles between 1996 and 2018.

ROAR is a digital publication which has been produced by DRA-X Media Services, working in conjunction with club president Graeme Nurse and Past Players co-ordinator Troy Auld.

The publication was launched on Saturday, 16 August and as part of the Past Players membership campaign, the club will send the digital publication to anyone who joins as a member during the months of August and September. Funds from the membership sales will be used to purchase long overdue goal nets for the club, worth \$16,000.

Stanhope Football Netball Club President Grame Nurse said the publication tells the story of the KDL years in a fun and innovative way, using technology to deliver it to a wider audience.

"We've won twenty-six premierships in that time and every one of them gets a mention, from U15 netball to senior football and Reserves. It also reconnects with a number of players who have either moved away or haven't been heard of for some time.

"The timing is really great as we re-connected with several of our 2000 premiership players only a month ago," he said

The digital format of the anniversary publication is ideal for former players, officials and supporters who may not live in the area. It contains a number of never seen before images and video content that is accessible via embedded links.

Contacts: draxmediaservices@gmail.com Diane: 0459 355 781 Rohan: 0415 892 415

# **Campaspe Youth Summit 2025**

Youth from across the Campaspe Shire came together on 29 July at the Kyabram Italian Social Bocce Club for a forum to discuss issues affecting young people. The summit brought together student leaders from Echuca College, Moama Grammar, Rochester Secondary College, Kyabram P–12 College, and St Augustine's College.

The morning workshops, facilitated by the Australian School of Entrepreneurship, focussed on equipping students with leadership and public speaking skills in order to help them advocate for meaningful change in their communities.

They developed their skills in pitching ideas and collaborating to find solutions to present to local councillors and community

leaders later in the afternoon giving them a platform to share their ideas. The interaction between students and leaders fostered meaningful conversations around youth pathways, community wellbeing, and sustainable futures. To coordinate an interview or seek further information contact: Communications Unit on 5483 6985 or comms@campaspe.vic.gov.au

# **Youth Action Group (YAG)**

- Your Voice, Your Community

The Campaspe Youth Action Group (YAG) is a passionate council of young people aged 13 to 24, dedicated to representing youth perspectives across Campaspe Shire. It was established to tackle community concerns, provide input on Council matters and champion the needs of young people.

#### YAG activities:

Leadership and Personal Development, Community Projects and Initiatives and Advocacy.

### **Connect with YAG**

YAG welcomes input from everyone. If you'd like to share your thoughts, raise a

concern or provide feedback, YAG members are ready to listen and represent the interests of Campaspe's young people.

#### **Consultation Opportunities**

Council and community groups can request time with YAG to discuss local projects, youth-focused events and policies that affect young people.

Contact Details: book a consultation with the Youth Action Group, please contact the Youth Community Development Officer:

Phone: 1300 666 535

Email: youthteam@campaspe.vic.gov.au

# Youth GO grants awarded

Campaspe Youth GO Grants, funding local groups and organisations to deliver youth-focused events and activities throughout the year, primarily targeting people aged between 12-25. They support youth engagement across the Shire.

Applications were reviewed by members of YAG, with guidance from Council officers.

The funding supports a range of youthled initiatives to be presented across the Shire. The following groups and activities are recipients of the grants:

Echuca Twin Rivers Specialist School, Headspace, Kyabram Blue Light, Kyabram Plaza Theatre, 1st Kyabram Scouts, Njernda Aboriginal Corporation, Paradise Bar, St Augustine's College, Echuca South Cricket Club.

Two additional grant recipients were funded through the State Government's Community Recovery Hubs Initiative which were: Kyabram Blue Light – Halloween Disco and St Joseph's College – Aladdin the Musical.

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# Thirteen years since senior Tigers have roared into finals!

Rushworth hosted Girgarre on a glorious spring day. There was a game to be played and with a possible final spot for the senior boys on the line it was very important to get off to a fast start, which the boys did. They won by 162 points, but more importantly already booked a spot in the Elimination Final. The game against Undera next will finish the home and away season.

#### Reunion

The club hosted the 1965 1st XVIII and Reserve Premiership Reunion, as well as the 2005 A Grade Premiership reunion.

A huge thank you to everyone who attended. Familiar faces shared the day together. A big thank you to the generous donors and enthusiastic bidders who made the goods and services auction such a success;

# Round 17 - 9 August Netball

11/U

### Rushworth 15 def Girgarre 6

**Best on court:** Zoe Perry for her amazing effort all over the court, especially in the ring. **Second best:** Mason Jarrett for his strength when bringing the ball down the court.

**Third best:** Olivia Rose for her strong presence in the goal ring.

13/U

# Rushworth 18 lt Girgarre 28 15/U

#### Rushworth 42 lt Girgarre 43

The first quarter was fantastic. The girls went into the second quarter with a seven goal lead but unfortunately lost all concentration and struggled to find their rhythm again for the rest of the game.

**Best on court:** Kade Starling **2nd best:** Zanna Chapman

17/U

#### Rushworth 48 def Girgarre 33

The girls gave it there all coming away with another win.

1st incentive: Millie 2nd incentive: Keileigh 3rd incentive: Emma Lollies - Tyra.

C Reserve

#### Rushworth 23 lt Girgarre 55

Despite the loss, positive enthusiasm remains high and most importantly the girls are having fun

Incentives: Keileigh, Tyra and Woody.

C Grade

# Rushworth 16 lt Girgarre 75

C Grade came out strong to play another challenging, composed game and team effort this season has been outstanding.

1st incentive: Caitlin Brown
2nd incentive: Bella Odwyer
3rd incentive: Madalen Knight

**B** Grade

# Rushworth 26 lt Girgarre 47

B Grade girls made their opponents work hard but their intensity dropped. Great to have the full team together again for the final few weeks of the season.

Incentives: Ella, Crystal and Mary

A Grade

Rushworth 37 lt Girgarre 39

Girgarre came out strong and fast and Rushy struggled with the pace. The girls managed to claw back some goals and keep the game even until the last minutes.

Best on court: Kasey Barlow 2nd best: Ashlyn Materne 3rd best: Lilly Waasdorp

Football U/10

The kids finished off the year with a big win against Avenel. A keen fifteen kids played the last game which is a great turn out. Huge improvements from every player from the start of the year. Thanks to everyone who has helped out and supported the team throughout the year.

# U18s

Rushworth - Bye Reserves

### Rushworth 39 lt Girgarre 92

The club is so proud of the boys. To think where the club was 18-24 months ago and how far the boys have come. What a club, what a team, what a community.

**Best players:** J Risstrom, S Kirby, J Maudsley, X Parker, J Newton, D Kelsey

**Seniors** 

#### Rushworth 232 def Girgarre 70

**Best players:** Nico McKinley, Paul Vavlitis, Ryan Beale, Manning Hetherton, Liam Adlington and Liam Francis.

# Round 18 - 16 Aug Netball 11/U

Rushworth 10 lt Undera 20 Best on court: Taylah Second best: went to Zeli Third best: Sophia

13/U

# Rushworth 30 def Undera 7

The U13's had a great win against Undera which really boosted their confidence heading into finals.

**1st incentive:** Sofia was tireless across the court and her defensive action was excellent. **2nd incentive:** Sophie, mainly for her quarter in GA where she showed confidence in herself with her shooting and her ball movement.

**3rd incentive:** Lucy who had a go in a position she is not familiar with and did everything that was asked of her.

15/U

#### Rushworth 68 def Undera 13

It was a well rounded game by all players. The girls look forward to having a week off before they play the top team in the semi final.

Best on court: Kaitlyn Garvey 2nd best: Jorja Saunders 3rd best: Kaley Knight

17/U

Rushworth 69 def Undera 24

It was a very slow start for the girls but they all ended up lifting, coming away with a win.

1st incentive: Emma, 2nd incentive: Chloe 3rd incentive: Zahley Lolly award: Keileigh C Reserve

# Rushworth 23 lt Undera 43

The girls went into the game with positivity. The club sincerely thanks all the girls who played this year and look forward to 2026. **Incentives:** Keileigh, Sahara and Eliza.

C Grade

#### Rushworth 44 lt Undera 55

C Grade finished strong for their last game. The entire team played exceptionally well! Over-all the girls finished the season on a strong positive note.

1st incentive: Bella Odwyer 2nd incentive: Laura Martin 3rd incentive: Anita Barlow

B Grade

#### Rushworth 32 lt Undera 37

A tough end to the season but the girls played well with grit and determination. The girls have grown in confidence and maturity over the year and it's been a pleasure to watch them play and grow.

Best players: Grace, Christie and Crystal

A Grade

Rushworth 55 def Undera 21
Best on court: Kasey Barlow
2nd best: Lilly Waasdorp
3rd best: Zahley Francis

We look forward to playing finals. **Football** 

Footb U18s

# Rushworth 83 def Undera 39

After a bye the boys got off to a good start running out 44 point winners.

Best players: Cody Brown, Flynn Clarke, Jimmy Edwards, Ben Biasizzo, Corey Robertson, Riley Knight. Next week, in our first appearance in the finals in seven years, the boys take on Shepp East at Merrigum.

#### Reserves

#### Rushworth 55 def Undera 11

The boys were fired up. So proud of this bunch, full season, no forfeits and a great ride. Winners! By a decent margin.

**Best players:** J. Risstrom, J Maudsley, J Robertshaw, S. Kirby, D. Baldwin

Seniors

### Rushworth 166 def Undera 35

A finals spot is already locked in! Now the fun stuff begins - hosting Shepp East in an Elimination Final at Ironbark Stadium; the first senior final for the club in thirteen years This is a new chapter in everyone's stories.

Go Tigers!

Go Tigers

Go Tigers

Go Tigers

### Congratulations

RFNC Senior Coach, Mark Wheatley

has been nominated for Community Coach of the Year as part of the Toyota AFL National Volunteer Awards. The awards recognise volunteers across Australia who have made outstanding contributions to community football. This year, AFL Goulburn Murray had the largest number of nominations statewide.

# **Kyabram District Finals dates**

Sat 23 August - Elimination Final 1 - Rushworth Recreation Reserve

Sun 31 August - Semi Final 2 - Stanhope Recreation Reserve

Sun 24 August - Elimination Final 2 - Merrigum Recreation Reserve

Sat 6 Sept - Preliminary Final - Shep East/Central Park Rec. Reserve

Sat 30 August - Semi Final 1 - Longwood Recreation Reserve

Sat 13 September - Grand Finals - Mooroopna Rec. Reserve



# Proudly sponsored by KANANGRA ACCOMMODATION

# CFNC - Colbo seniors take on Mounts in qualifying finals

A weekend of finals for the Hoppers. Seniors, Reserves (Yes Reserves!) A Grade, A Reserve, U15 and U13 all in finals.



#### Round 17: Colbo v Huntly

# Huntly made the journey out to the MJ Morgan Oval for the last home game of the year.

The club welcomed back a number of Premiership teams in a combined reunion day and Miss Colbinabbin later in the evening, Nick Knightmare 150th game. Off to Mounts for the final game of the year next week before rolling into finals.

# Football

#### Seniors

### Colbinabbin 18.19. 127 def Huntly 11.7. 73

It was a very clinical performance that saw the ones climb to second on the ladder.

**Goal kickers:** Nick Knight 4, Alex Carr 4, Sam Ryan 4, Brandyn Grenfell 3, Nathan Basile 1, Jude Ryan 1, Clint Shields 1

**Best on ground:** Matthew Riordan, Jude Ryan, Sam Ryan, Alex Carr, Angus Martin, Nick Knight.

#### Reserves

#### Colbo 5.6. 36 lt White Hills 17.7. 109

A side was assembled. It was always going to be a challenge against the second placed Huntly! The loss leaves the finals hopes of the twos resting on the results of next week.

**Goal kickers:** Joseph Fiske-Kealy 1, Thomas Hill 1, Tyler Howlett 1, Jasper McArdle 1, Charlie McLean 1

**Best on ground:** Nicholas Palmer, Joseph Fiske-Kealy, Ray Pearson, Jasper McArdle, Hadleigh Sirett,

Christopher Guinane

# U18s

### Colbinabbin 5.13. 43 lt Huntly 7.6. 48

Devastation as the boys were eyeing off an elusive win, but it wasn't to be. A free kick and goal to Huntly put them in front in the dying minutes, giving them their first win for the year.

**Goal kickers:** Henry O'Callaghan 2, Jack Brennan 1, Chayse Hutchins 1, Charlie McLean 1

**Best on ground:** Charlie McLean, Will Patrick, Henry O'Callaghan, Jacobi Kramer, Elliot Ryan, Chayse Hutchins

#### Netball

#### A Grade

#### Colbinabbin 81 def Huntly 40

The promising whisper of the approaching finals could be heard around the courts. Honoured to receive their bibs from the 1985 A Grade Premiership team, the girls were raring to go from the first whistle! The girls ran away with a good win.

**Best on court:** Olivia McEvoy and Kasey Conder. **A Reserve** 

#### Colbinabbin 45 lt Huntly 56

The A Reserve girls played a tough game against Huntly, but unfortunately didn't come away with the win.

Best on court: Mikayla Palmer.

#### B Grade

# Colbinabbin 27 lt Huntly 50

It's always a tough game against Huntly with their consistency. A close first quarter but it started to change in the second. The girls did their best to work against the Hawks pressure. Within the third

quarter there was some incredible turnovers but unfortunately they didn't get the win.

Best on court: Stella Seaward

#### **B** Reserve

#### Colbinabbin 21 lt Huntly 72

The B Reserve girls had a rough start in the first quarter with turnovers, but with changes throughout the game, they kept steady. Despite the final score, they had fun and stayed positive.

Best on court: Evie Coghill

#### Under 17s

#### Colbinabbin 19 lt Huntly 64

It was a tough match against Huntly, who ultimately took the win. Their shooters were sharp and accurate and their defence made it tough to break through.

Best on court: Lynette Mountjoy

#### Under 15s

#### Colbinabbin 31 lt Huntly 38

The girls started the game strong with combinations and goals flowing. Unfortunately, the girls couldn't shake the tag of Huntly and went down by seven. However, good timing as they may find themselves against Huntly in finals.

**Best on court:** Macey Ryan, Audrey McFadzean and Isla Knight

#### Under 13s

#### Colbinabbin 39 def Huntly 12

A great game this week for the U13s with a more relaxed pace, allowing the team to settle back into their usual positions from last weeks change up.

Best on court: Maisy Masterson and Ruth Woodman

# Round 18: Colbo vs Mt Pleasant Football

# Seniors

#### Colbo 70 lt Mt Pleasant 97

Mounts got the early jump on us kicking five goals to one in the first quarter. But every time a lead was built it was hunted down and brought back to within a goal. This was until the last quarter where Mounts eventually kicked away. The result saw the boys finish in third position on the ladder but sets up a big Qualifying Final against Mounts up at Gunbower.

**Goal kickers:** Brandyn Grenfell 2, Alex Carr 2, Charlie Ryan 2, Alex van Ruiswyk 1, Nick Knight 1, Matt Palmer 1.

**Best Players:** Charles Ryan, Clint Shields, Daniel Hill, Angus Martin, Connor Aldous and William Lowe.

#### Reserves

#### Colbo 21 lt Mt Pleasant 101

Sitting in fifth spot on the ladder, chasing a finals birth and coming from stone cold last in the season prior to the final five now in the finals.

Mounts were clearly the better and stronger team on the weekend, but that didn't stop the young hoppers from showcasing their best footy in patches.

So, the stage is set for next week, LBU at North Bendigo on the Sunday 24 August in a do or die clash, the Hoppers first Reserves Final since 2019. **Goal kickers:** Jackson Morgan 1, Joe Fiske-Kealy

1, Seamus Bromley 1.

**Best Players:** Jasper McArdle, Joseph Fiske-Kealy, Seamus Bromley, Ray Pearson, Will Brown and Samuel Coughlin.

#### U18s

#### Colbo 1.2.8 lt Mt Pleasant 16.18.114

The end has arrived for the young thirds boys. It's been a long hard road for 'Coach Charlie' and his bunch of legends. The tough task of assembling the thirds team after a year off was done extremely well and took home some wins along the way. Well done Charlie and all the young hoppers who have pulled on a jumper this year.

Goal kickers: Max Nicholas 1

**Best Players:** Charlie McLean, Zade Charles, William Ogden, Elliot Ryan, Max Nicholas and Alexander Webster.

#### Netball

#### A Grade

#### Colbinabbin 71 def Mt Pleasant 38

A strong Mounts squad with both sides going goal for goal from the start. A great team effort to finish the season with momentum heading into finals.

Best on court: Kasey Conder

#### **A Reserve**

#### Colbinabbin 47 def Mt Pleasant 46

A Reserve girls brought home a win by one goal! Great job girls let's do it again next week!

Best on court: Lily Wareham

#### **B** Grade

### Colbinabbin 20 lt Mt Pleasant 54

The final game of the season saw some of our B Reserve and U17 girls stepping up to help out the B Grade side, showing great spirit and teamwork. While the season ended with a loss, the team showed plenty of heart and potential.

Best on court: Meg Hill

#### **B** Reserve

#### Colbinabbin 29 lt Mt Pleasant 65

It was nice to see smiles and laughter on the court throughout the final game of the season.

Best on court: Jasmin Moroney

# Under 17s

# Colbinabbin 11 lt Mt Pleasant 70

Picking their positions out of a bag to have some fun for their last game.

# Under 15s

### Colbinabbin 37 def Mt Pleasant 29

Mounts came out strong. It was a close battle all game but eventually the girls finished eight goal winners. After a great season the girls have finished fourth, so super excited for next week's elimination final!

Best on court: Evie Riordan

#### Under 13s

#### Colbinabbin 42 def Mt Pleasant 14

What a season the under 13's have had. There was lots of positive talk on court. The club is so proud of how far this group has come and excited to see what they can do in finals. Bring it on, superstars!

Best on court: George McFadzean, Gracie Cox and Frankie Ryan

GO HOPPERS!

# **Memories of a Grand Final win**

# - Rushworth Band leads a triumphant parade



The winning team: (Back 1-r): Robbie Betson, Les Hoyling, Wes Risstrom, Michael Barlow, Ross Coyle.

(Front): Ross Williams, Bill Barlow, Ralph Barlow, Ivan Baldwin, Jim Strain, Murray Hitchcock. Seated on floor is Garry Hitchcock. In 1965, aged two, he was the mascot, included then in the senior premiership team photo.

(Photo: Sharon Perry)

Rushworth Tigers 1965 team reunion paused to recall the names of 22 former teammates plus other club officials from 1965 who have died, before a fun-filled sharing of stories.

MC Alan McLean conducted a brief interview with each player, then invited a special memory of the exciting season of sixty years ago.

Murray Hitchcock, 85 and now of Tongala, vice-captain and full forward in 1965, recalled how fit the players were under captain-coach Bill Cruz.

Ivan Baldwin, a former star rover now living in Kyabram, remembered the drop kick and the stab pass, lost to the game in the years since 1965. He wore his commemorative medal presented to all the players by club president Bill Lambden.

Jim Strain, a popular teacher at the High School in the mid-1960s, travelled from Hampton in Melbourne, and light-heartedly blamed star player Howard Hawking for his current back issues, saying that when Howard went up in the ruck, he had used Jim as a stepladder! Jim also proudly wore his medal.

Wes Risstrom recalled the players "marching" up the street behind the brass



The interested audience included current Tiger players, entertained by stories from 60 years ago, before even their parents were born.

band to the Shire Hall for a very big night of music and dancing. Others remembered what might now be loosely termed fluid replacement therapy.

Seconds premiership player Ross Coyle had travelled with wife Beryl from their home in NSW. Beryl, a teacher at Rushworth primary school, had been instrumental in creating the netball club in 1965, needing to get two teams together before Rushworth was allowed to compete in the Heathcote Football

League.

Other guests of honour were Ralph's brother Bill Barlow, their cousin Michael Barlow, Robbie Betson, club life member Ross Williams, Les Hoyling and Lyle Parker.

The 60-year reunion of players, rare for any sporting club, was greatly appreciated by all. The next milestone reunion is set for 2027, to mark 50 years since double premierships in 1977.



Police are out there to keep our roads safe. If you've been drinking, don't drive. Getting caught with a Blood Alcohol Concentration (BAC) of 0.05 and over will result in loss of licence and significant fines. Chances are you will be caught.

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